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THURSDAY JANUARY 23RD, 2020

Paedophile hunters caught man who offered 'girls' £100 for explicit photos - see page five



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Tories urged to expel MP who 'preyed' on vulnerable

PRIME Minister Boris Johnson is being urged to throw Bridgend's newly elected MP out of the Conservative Party over his links to an "exploitative and demeaning" website.

Politicians – including MP Jess Phillips, Labour leader candidate at the

time – have publicly condemned Bridgend's Jamie Wallis after he was tied to a 'Sugar Daddy' website.

Ms Phillips has even launched a petition calling for Mr Johnson to expel Mr Wallis, who won his seat from Labour's Madeleine Moon in last December's election, from the Tory Party.

She said Conservative MPs should feel "ashamed" sitting alongside Mr Wallis in the House of Commons with Gower's MP branding his behaviour "appalling."

Read the full story on page three.

Tractors out in force raising money for charity



People on Porthcawl sea front had a shock last Sunday when dozens of tractors appeared. The tractor run, organised by the Glamorgan Iron Horse Vintage Society, was raising funds for the Wales Air Ambulance.

(Photo by Glyn Evans. See next week's GEM for a full report).

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'20 companies' looking at Ford Engine Plant site

AT a meeting of the 'Ford Taskforce' earlier this week, it was revealed that "20 companies" had expressed an interest in the Ford Engine Plant site when it closes in September of this year.

Taskforce chairman Professor Richard Parry-Jones – a former vice president and head of global research and development with the motor company – was quoted as saying they had a "very good picture" of future uses for the site, with more than 20 inquiries.

The Taskforce includes representatives from Ford, unions, the Welsh Government, Bridgend County Borough Council (BCBC) and the Wales Office.

Professor Parry said that a single company was the preferred option.

However, some of the 20 companies were only interested should the plant be divided into smaller units.

He added that 350 Ford employees had already left the company.

Council funds 'spread too thinly'

REGARDING the recent letter in The GEM about the abolition of Barry Town Council, I wish to add to the discussion.

Wales has a population of just over three million people, most of whom probably live on the southern coast, with sparse population in the middle and the rest to the west and the north.

If we look at a map of Welsh councils, there are about 22 of them which is surely unsustainable as it means that each council looks after roughly 136,364 people.

It should never have been allowed for Wales to devolve its councils down to these current levels as it means that funds are more thinly spread than they need to be and services are duplicated to a ridiculous level.

How about merging councils to, for example, the Roman divisions of Wales (which was six or seven areas)? It would be a challenge all round, but would surely benefit Wales in the long run as finances could be concentrated in larger pots and therefore utilised more efficiently.

Charles Allen, Llantwit Major.

Celebrating the wisdom of our older people

IT is widely accepted that we have an epidemic of loneliness, not just among older people, but younger people too.

But our research shows a chink of light – almost half of 22-35 year-olds we polled spend time with someone aged 65 or over who they are not related to, such as a neighbour or friend, every week, and turn to them for advice.

It's heartening to know 'millennials' value the company of older people. With a lifetime of experience, older people have a wealth of knowledge that we can all benefit from.

The people in our care homes, retirement living and community support services across Britain have shared their life lessons as part of our Words of Wisdom campaign (mha.org.uk/WoW), encouraging people to value the wisdom gained with age.

We're calling on people to reach out to older people and ask for their life lessons. Even small acts like having a chat and a cup of tea with an older neighbour can have a huge impact on strengthening bonds and bringing people together.

Sam Monaghan, Chief Executive of Methodist Homes (MHA), Derby.

People of the Vale deserve a better MP

WE have been presented with two very different versions of events regarding the sordid saga of Alun Cairns and Ross England, a member of the Conservative Party, former employee and good friend of Mr Cairns.

Mr Cairns says that he did all he could to support another of his employees, a woman who was raped at Ross England's house while she slept. Mr Cairns says that he was unaware of Ross England's role in causing the trial of her attacker to collapse until much later, even though his own adviser emailed him about it.

In the meantime, and allegedly still innocent of the ugly scenario unfolding around him, Mr Cairns endorsed Ross England as fit to stand as a Conservative candidate. In this version of events, Mr Cairns

is the injured bystander who had been doing his best, victim of biased and unfair speculation, leading to the loss of his cabinet post.

In version two, his female employee gives us a stark account of the harassment and abuse she was subjected to, meted out by Alun Cairns' Conservative Party colleagues and friends. She tells us that it is inconceivable that Alun Cairns knew nothing about Ross England's role in the rape trial at the time. She paints a damning picture of the ugly gang culture which is used so often by those with power – closing ranks and going to any lengths, including covertly recording her, to undermine her credibility. When she tells her employer Mr Cairns about it, his unbelievably crass response is that she is being 'a bit harsh' on the people trying to destroy her. He chooses to proclaim Ross England as a friend, endorses him as a suitable candidate for public office and expects the woman who was raped to work alongside him. He is photographed with Ross England at an event just before the election is called. He made it very clear where his loyalties lay.

A man is serving a five year prison sentence for rape, and the victim of his attack has categorically contradicted Mr Cairns' version of events. The Conservative party did not bother to contact her when they carried out their enquiry, and held over the outcome until after the election. Surely the people of the Vale of Glamorgan deserve better than this man – at best, an inept and insensitive employer who doesn't read his emails, at worst a man who chose to side with a rape apologist, and continues to behave as if he is the victim.

S K Miles, Barry.

'Base your dietary choices on the facts'

THE New Year brings with it the annual Veganuary campaign encouraging consumers to take up a vegan lifestyle.

Increasingly, we are seeing this topic given a disproportionate amount of coverage from national media when you consider that vegans only account for around one per cent of the UK population.

As a local farmer, I am grateful for the opportunity to address some of the misinformation that is reported about the UK farming industry during Veganuary.

Firstly, it's important to recognise that everyone has the right to choose what they eat. As farmers all we ask is that people can make those decisions based on facts rather than false information.

Scientific and medical communities are in agreement that meat, eggs and dairy products play an integral role in a healthy, balanced diet, providing key nutrients, vitamins and minerals that are essential to bone, heart and blood health that are difficult to obtain efficiently through other sources.

During Veganuary, the public are bombarded with messages asserting that a meat and dairy-free diet is better for the environment and that such a change will provide the answer to climate change.

This is simply not the case.

Welsh farmers produce some of the most climate-friendly meat in the world using the two ingredients we have an abundance of here in Wales – grass and rainfall.

In contrast, some highly processed meat alternatives are responsible for deforestation in other parts of the world. Dairy-free alternatives like almond

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

'milk', meanwhile, require thousands of litres of water and extensive irrigation systems.

Our advice to consumers is to read the label and buy local wherever possible. This ensures low food miles and gives you the assurance that what you are purchasing has been produced to the highest animal welfare and environmental standards.

Jonathan Huntley, NFU Cymru Glamorgan County Chairman.

Motorist in distress

I WAS driving in Barry recently when one of the warning lights came on my dashboard; panicking a bit, I drove to the nearest garage which happened to be Hinds Garage in Dock View Road.

Although I have never been there before, they were very kind and helpful and checked over my car for me and gave me advice on the problem. At no time were they patronising to me, a pensioner.

Nether did they charge me for their time so I have resolved to use them for my car's servicing and first MOT because I feel that I can trust them not to rip me off. It's refreshing to experience such honesty and good service.

Mrs Linda Williams, Barry.

Grateful thanks to Stroke Association supporters

WE would like to take this opportunity on behalf of the Stroke Association to thank all of our incredible supporters and volunteers for their support throughout 2019 in order to help stroke survivors to rebuild their lives here in Wales.

It has been a record breaking year for some of our fundraising events including our Resolution Runs at Cardiff and Anglesey, the Cardiff Half Marathon and the Ring O'Fire Ultra Marathon, so thanks to everyone who took part in, or supported these events. Many of our supporters helped us to 'Make May Purple' and even found their way into the kitchen to 'Give a Hand and Bake during October'.

2019 also saw the launch of our Rebuilding Lives campaign and our first ever TV advert which has been seen by over 13.6 million people and resulted in a 37% increase in calls to our national helpline, compared to the same period last year. Rebuilding lives after stroke is a team effort. It takes the determination of stroke survivors and carers and the generosity of people like you, so we are sincerely grateful for your support.

Your generosity has not only helped us to support stroke survivors and families living in the community, but it also helps to raise awareness of the 7,000 people who have a stroke each year in Wales and for the 65,000 people living with the effects of stroke in here in Wales. We would like to extend our sincerest thanks to the local businesses, organisations and sporting clubs who adopted us as their nominated 'charity partner' for 2019 as you have been instrumental in helping us raise awareness of stroke and stroke prevention in Wales, as well as raising vital funds to support stroke survivors and fund our vital research projects.

We could not do the work that we do without our amazing supporters, so if you would like to find out

more about fundraising for us or working with us as your nominated charity partner for 2020, then we would love to hear from you.

Alan Drury, Stroke Association Wales Fundraising.

'Educating children for global climate challenge a priority'

OVER the last year or so, I believe that there has been a fundamental shift in people's awareness of the natural world and the challenges it faces from our wasteful modern industrial societies.

Whether this environmental awakening is due to organisations like the RSPB, WWF, Extinction Rebellion or perhaps celebrities like Chris Packham or even Sir David Attenborough does not really matter.

It is a fact that there is now growing concern and anger about climate change, plastic pollution, insecticide pollution, wildlife extinction and deforestation.

We now urgently need to educate future generations and ensure that they have the knowledge and skills to be able to tackle this environmental mess.

The creation of a Natural History GCSE is now needed more than ever. Giving our children the education and training to rise to these global challenges must become a priority of the Welsh Government.

Rob Curtis, Barry Action for Nature.

Road to Nowhere?

WE were promised a traffic alleviation scheme, a solution; in fact a bypass off the A48 to stop traffic squeezing its way through Llyswoerney to Llandow, Llantwit Major and beyond.

This was part of the deal, and consideration given for passing a very controversial planning decision at Darren Farm – now called Clare Gardens. The new access road to the development would also be the bypass.

This new road is now complete, but closed.

All traffic is still winding its way down Llantwit Major Road through Cowbridge, and through Llyswoerney. It is very frustrating to see huge lorries, buses, coaches and traffic continue along the same old routes this new road was supposed to alleviate.

Is this new bypass road going to remain shut off from all traffic till the Clare Garden development is finished, which could be some five years or more?

Mrs V Morris, Cowbridge.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL JANUARY 30

Date	Time	Height (metres)
23/01/2020	05.24	8.9
23/01/2020	17.49	9.0
24/01/2020	06.14	9.3
24/01/2020	18.35	9.4
25/01/2020	06.52	9.5
25/01/2020	19.15	9.6
26/01/2020	07.32	9.7
26/01/2020	19.49	9.6
27/01/2020	08.07	9.6
27/01/2020	20.22	9.5
28/01/2020	08.38	9.5
28/01/2020	20.53	9.3
29/01/2020	09.13	9.2
29/01/2020	21.26	9.0
30/01/2020	09.44	8.9
30/01/2020	21.56	8.7

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

If you have a complaint, write to us at the address below, left, or call Philip Irwin on 01446 774484. All complaints will be fully investigated.

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Tories urged to expel new MP who “preyed” on the vulnerable

PRESSURE is mounting on Prime Minister Boris Johnson to throw newly elected Bridgend MP Jamie Wallis out of the Conservative Party.

MP Jess Phillips has called on Mr Johnson to expel Mr Wallis from the group, and Gower MP Tonia Antoniazzi has slammed him for his links with a ‘Sugar Daddy’ website.

Ms Phillips, who stood down this week in the fight to replace Jeremy Corbyn as Labour leader, launched a petition to have the whip withdrawn from Mr Wallis, who unseated long-serving MP Madeleine Moon in December’s election.

And Ms Antoniazzi branded the Sugar Daddy website “exploitative and demeaning” and insisted Mr Wallis should apologise for his “appalling behaviour.”

Mr Wallis was the director of several firms which have been the subject of hundreds of complaints to trading standards.

One of his businesses, Quickie Divorce Ltd, advertised on its website another now defunct business called Sugar-Daddy.net, according to reports in the national press.

The Sugar Daddy website allegedly offered to set up vulnerable people needing money with wealthy older people.

It’s understood Mr Wallis has denied having links to the Sugar Daddy website, but Ms Antoniazzi claims there were Companies House records which “clearly contradict that statement.”

The Gower politician said in the House of Commons this week: “It has come to light that a newly elected member of this House has misled the press about his involvement in an exploitative and demeaning website called Sugar-Daddy.net.

“The honourable member from Bridgend’s involvement was highlighted following press reports about complaints to Bridgend Trading Standards.

“Links to the website were denied on the record by the member, but Companies House records clearly contradict that statement.”

She added: “Information, also, that I have received from a former employee of the member for Bridgend

contradicts that statement.

“At a time when public trust in politicians is already damaged, can the Speaker provide guidance on whether the House and, more importantly, the people of Bridgend can expect an apology from the member to go some way to making up for this appalling behaviour.”

Ms Phillips’ online petition, which has already gained 1,836 signatures, said: “Stop this exploitation of women. Tell Boris to remove the whip.

“Newly elected Conservative MP Jamie Wallis promoted a website which made it easy for a network of rich men to exploit students, single parents and vulnerable people for financial gain.

“Let’s be clear, ‘sugar daddy’ is a euphemism for something deeply ugly: exploitation of women by powerful men.”

Her petition added: “The Tories should feel ashamed sitting alongside Jamie Wallis. The only way to show they don’t condone this kind of behaviour is to remove the whip.”

And John Trickett, Labour’s shadow cabinet office minister, has also voiced his opinion on the saga, accusing Mr Wallis of “preying on vulnerable students.”

He said: “This website and Jamie Wallis’ other businesses range from the unsavoury to the downright appalling, with exploitation at the heart of every one.

“The people of Bridgend deserve better than a Tory MP who appears to have been preying on vulnerable students.

“The Conservative Party must take immediate action or accept they have no ethical code left.”

Mr Wallis is understood to be considering taking legal action against Bridgend County Borough Council after the authority responded to the Freedom of Information request which asked for details about complaints against the MP’s companies.

A council spokesman confirmed to The Glamorgan GEM last week that it had received a ‘letter-before-action’ but wouldn’t comment further because of “the possibility of ongoing proceedings.”

Mr Wallis refused to comment.



ABOVE: Jamie Wallis with his boss Boris Johnson.



ABOVE: Labour MP Jess Phillips.



ABOVE: Gower MP Tonia Antoniazzi

By Sam Hall

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'Vulnerable' teen subject to hate crime



LEFT: Police are trying to identify the people in this photo. Do you recognise them?

POLICE are appealing for information after a vulnerable teenager was subjected to a hate crime in Bridgend town centre recently.

Officers are trying to track down a group of men, pictured, after the incident in Queen Street at around 4.30pm on December 20.

A police spokesman said: "We are appealing for information in relation to a hate crime

incident whereby a group of males targeted a vulnerable teenager in Bridgend to cause him harassment, alarm and distress."

Anyone who recognises the men or has any information about the incident should call police on 101 quoting 1900466802 or email PublicServiceCentre@south-wales.pnn.police.uk.

Alternatively, contact Crimestoppers anonymously on 0800 555 111.

MP calls for more action to tackle domestic abuse

OGMORE MP Chris Elmore is calling for more to be done to reduce incidents of domestic abuse which occur during major sporting events.

He said that in the Commons, there is significant evidence from domestic abuse charities and police forces that the number of such incidents increases during top sporting events.

His call came as the Six Nations rugby championship approaches.

Justice Minister Wendy Morton was asked what she was doing with the rugby unions, and also with regard to stadiums, TV programming and players

to explain that domestic abuse is clearly wrong and that there is never an excuse for it.

Mr Elmore said: "There needs to be more investment to tackle the causes of it, which include these sporting events."

Ms Morton said that Mr Elmore had made a very good point highlighting the fact that domestic abuse exists in areas not always where it might be expected.

She said: "With regard to rugby I need to ask a few questions, but I thank him for highlighting the importance of bringing forward the Domestic Abuse Bill to see an end to these abhorrent crimes."

Walking through town centre is 'sobering' as more shops close, says AM

REGIONAL AM Suzy Davies has described news that the linked Monsoon and Accessorise shops in Bridgend have closed this week, with Bon Marche set to follow soon, as very sad.

She said: "I know that the cause of such shop closures is tied into what's going on in high streets up and down the country. But the outcome for Bridgend will mean less choice for shoppers and less to draw them in."

"A walk through Bridgend town centre is very sobering. Empty shops abound and those businesses that remain are often take-aways which are closed in the day. It is time that BCBC revised its retail strategy, which is quite clearly failing. In the past, the council has pointed with pride to these particular shops as evidence that it has attracted high-end retailers to the town. No longer."

"I recently submitted an FOI asking what was happening to their promise to de-pedestrianise part of the town; but the council states that Dunraven Place and Queen Street do not meet the shared space guidelines of either the UK or Welsh governments, so it cannot apply for any grants to pay for the work."

"And that's where we are – nearly four years after the council promised to open the town up as a



result of a petition organised by Welsh Conservatives and backed by local traders. It is especially frustrating that some businesses were persuaded to pay into the BID scheme on the basis that de-pedestrianisation was off the

table unless they did – yet it is off the table anyway. I hope to meet BCBC to see what action can be taken to stimulate trade in the town centre, while we still have one."

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Porthcawl talk will look at ancient springs and wells

THE latest speaker at Sustainable Wales' Green Room in Porthcawl at 8pm on Friday, January 31 is Phil Cope, author of 'The Living Wells of Wales: new photographs and old tales of our sacred springs, holy wells and spas'.

He was head of Drama, and deputy head of English in the Welsh Joint Education Committee. He now lives in Blaengarw.

Phil's talk will concentrate on Porthcawl's own wells, including his rediscovery of 'Burrows Well' / Ffynnon y Twyni, located in the

ancient monument area of Newton Burrows.

He will also be speaking about the 'Schwyll' aquifer, otherwise known as 'the great spring of Glamorgan', one of the largest springs in the UK. The only known entrance to the great spring is the Welsh Water pumping station at Ewenni.

This spring feeds the extensive dune pools of Merthyr Mawr

As ever, there will be an open mic for local writers.

Entrance is £4. Everyone welcome / Croeso cynnes i bawb.

For more information, contact SUSSEDD, James Street, Porthcawl, on 01656 783962.

Historic building goes up for auction



ABOVE: The former Engine House at Tondy is up for sale.

A CENTRAL part of an important 19th century ironworks set in an idyllic post-industrial south Wales country park has gone up for auction.

Steeped in industrial revolution history, the Grade II listed Engine House building, in the heart of Parc Tondy country park, near Bridgend, dates back to 1838.

The Victorian property, which at one time housed steam-powered blowing engines which supplied air to blast furnaces on the site, is being sold by Newport-based Paul Fosh Auctions.

Sean Roper, who is handling the sale, says he believes the former ironworks building is overflowing with potential and that this substantial property could prove a 'real blast' for a new owner with imagination. There is currently planning for a single dwelling on the site.

He said: "The Engine House was the subject of a comprehensive renovation 20 years ago, supervised by the Welsh heritage body Cadw and funded through the Millennium Commission. The eye-catching building was used as offices in the preceding years.

"This versatile and historic building would be ideal for a number of uses including its current configuration as offices or perhaps as conversion to residential such as a number of flats or one large dwelling.

"The property would also be ideal for tourism based use, such as small hotel, B&B or outdoor pursuits type centre, all subject to necessary planning consents.

Parc Tondy, where the property is sited, is billed as the most complete Victorian ironworks in Britain.

Paedophile hunters caught man who offered 'girls' £100 for explicit photos

A CARE home worker committed a series of sex offences after he contacted two people who posed as a 14-year-old Cardiff Crown Court has been told.

One of them called herself Lily, and the other Chloe, said prosecutor Andrew Davies.

He told one of them he would love to be in bed with her and sent indecent pictures of himself.

On one occasion, he offered one of the 'girls' £100 for explicit pictures.

Lee Teasdale, 36, of Pencoeed, pleaded guilty to Cardiff Magistrates of attempting to cause a girl to engage in sexual activity and two charges of sexual contact with a child and was committed to the Crown Court for sentence.

Teasdale, who had no previous convictions, was sentenced to eight months imprisonment, suspended for 18 months, and made subject to a rehabilitation activity requirement. He was also ordered to carry out 200 hours unpaid work and made subject to a sexual harm prevention order for 10 years, and to register as a sex offender for 10 years.

Judge Richard Twomlow said there was no evidence whatsoever that he made any attempt to meet either of the 'girls'.

Mr Davies said the offences came to light as the result of the efforts of a paedophile hunting group.

One of them posed as a child and on April 11, Teasdale made contact to the person known as Lily and she said: "Oh my God, I am only 14."

He sent indecent images and made indecent sexual suggestions.

"He repeatedly asked for indecent pictures, despite her repeating she was only 14."

He wanted pictures of her in her underwear and offered her £100.

He was told it was "naughty" and he replied, "Naughty is nice. I'd love to be in bed with you because you are beautiful."

His address was discovered by the hunting group and he was confronted and the police arrested him.

Mr Davies said: "As a result of the online publicity, there was contact with 'Chloe' and he asked her for pictures in her underwear and sent her indecent pictures of himself.

After being arrested, he was interviewed by the police and said, "no comment" to all questions.

His solicitor, Tim Patrides, said: "He takes full responsibility for what he has done.

"He realises the appalling nature of what he has done but he believed he was talking to real children.

"He accepts he became engaged in chat room sites and the only issue is whether the sentence can be suspended.

"It was wholly inappropriate dialogue and he didn't intend to meet either person. He blames no one but himself."

Mr Patrides pointed out that he was in a supportive relationship.

The Judge said that he realised Teasdale was ashamed of his behaviour.

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Shortage of one-bedroom flats prompts council crackdown on empty homes

BRIDGEND County Borough Council (BCBC) has decided on a new strategy to tackle the blight of empty properties – to try to bring them back into use as residential housing.

The local authority said its approach is to first work with owners but if properties continue to remain empty, are in a state of disrepair and a nuisance to the community, it will consider enforcement action.

The new strategy states: "Empty properties are a wasted resource.

"While they may not always be left in a state of disrepair, there are always consequences."

According to the strategy, consequences include arson, squatting, rodent infestation and dangerous structures, as well as property devaluation and a poor impression of the area.

BCBC will be looking at homes that have been empty for six months or more.

In April 2019 there were almost 1,300 private sector residential properties empty for six months or more, which accounted for two per cent of the county's residential properties.

The strategy notes most of the empty properties are in and around Maesteg, Porthcawl and Bridgend's town centres.

But it also points out the valleys areas have

a higher density of empty properties – 4.5% of homes in the Ogmore Valley are empty while 3.2% of homes in the Garw Valley are empty.

BCBC said the value of an empty property will be a factor in whether it can be brought back into use, as there may be little or no equity to obtain funding to carry out repair works on the property.

Another factor involves the housing need – almost two thirds of demand on the housing register in Bridgend is for one-bed properties.

With the majority of empty properties being three bedrooms or more, the council said these will have to be converted into shared housing or flats to meet the demand.

The council plans to develop a confidential online reporting service so people are able to report an empty property and associated issues.

It also intends to look at increasing the council tax premium on properties that are empty for two years or longer.

Meanwhile, enforcement options include the use of enforced sales, empty dwelling management orders and compulsory purchase orders.

For more information about the help available to owners of empty properties, search for "empty properties" on bridgend.gov.uk, email emptyproperties@bridgend.gov.uk or call 01656 646342.

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'WAM' in Llantwit Library

'WAM' – Words, Arts and Music are coming to Llantwit Major Library On Thursday, January 23, 7pm to 9pm.

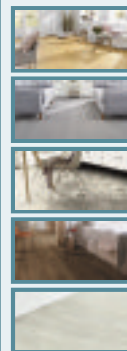
A small but talented group of artists are going to spend an evening in Llantwit Major library.

There will be words from Mike Church, art from Sion Llewellyn and music from Hazel and Grey. Entry is by free ticket only. Call into Llantwit Major Library to collect one. There will be a bar on the evening.

The Coming of the Light

LOVE Nature, love peace, love friendship – come and join Art4U to celebrate the first stirrings of spring (Imbolc) at Knap Lake and gardens at 5pm, February 2.

Meet at the park entrance near cafes: the event will



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Carpets

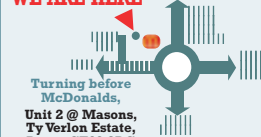
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include a gentle walk at the lake contemplating uplifting artworks and quotations situated along the way; an opportunity to share thoughts, poems and messages.

Free event; for further details, connect with www.glynpooley.com.

Community Association meet in Ynysawdre

ALL are welcome to attend the Quarterly General meeting of the Tondy and Aberkenfig Community Association, which is to take place on Wednesday, February 5 at the Parish Rooms, Bryn Road, Ynysawdre at 7pm.

Many local issues will be raised, including the latest news regarding Llanmoor's development of the land to the west of the Maesteg Road. For further information email: contact@tondu-aberkenfigca.co.uk.

Charity night gives Sandville a great fundraising start to New Year

THE 12th Night annual charity event in aid of the Sandville Self Help Centre took place at the Hi Tide Inn earlier this month.

The founder of the Sandville, Gwyneth Poacher, told The GEM: "A fantastic night was had by all, over £2,000 was raised and we are still counting. All the cash raised goes to the Sandville.

"The famous Sandville Scrubbers entertained us with their new routine (it was hilarious). Thank you all for attending and see you all next year (book your tickets early)."

Many of the winners in the fancy dress competition donated their cash prize to the Sandville.

Categories:

- Individual male – first, Freddy Mercury; second, Arthur Beale (the matador).

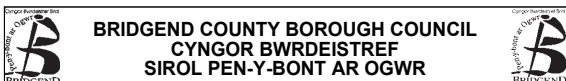
- Individual female – joint first, Medusa (Ava) and Roman candle (Doc Alison); third, shotgun wedding (Janet Cromwell).

- Doubles category: First, trolls (Heather and Patty); second, ageing hippies (Jacqui and Bob); third, Gladiators.

- Groups category: First, Flower Powers (Friends of Sandville); second, Three Amigos; third, Dinner Ladies.

The Sandville's grand raffle draw took place Sunday, January 12 and prize-winners have been informed.

Photographs by Heather Jones.



I give notice that the following applications have been made. The application documents can be viewed during normal office hours at the Civic Offices, Angel Street, Bridgend CF31 4WB or on the planning page of the Council website. Anyone who wishes to make representations about these applications on land use planning grounds should write to the Council at the above address by the date specified under each category of application or submit their comments online. Observations received on applications are not acknowledged. Any representations submitted will be open to public inspection and objectors/supporters may be identified on the internet. The Development Control Committee operates public speaking arrangements. If you wish to register an intent to speak at Committee (should the application not be processed under delegated powers) please indicate in your response. For more information tel: 01656 643675.

Yr wyf yn hysbysu bod y ceisiadau canlynol wedi cael eu gwneud. Gellir bwrw golwg ar ddogfennau'r ceisiadau yn ystod oriau swyddfa arferol yn y Swyddfeydd Dinesig, Stryd yr Angel, Pen-y-bont ar Ogwr CF31 4WB neu ar y dudalen gynllunio ar wefan y Cyngor. Dylai unrhyw un sy'n dymuno cyflwyno sylwadau ar y ceisiadau hyn ar sail cynllunio'r defnydd o dir ysgrifennu at y Cyngor at y cyfeiriad uchod erbyn y dyddiad a nodir dan bob categori ceisiadau neu gyflwyno'i sylwadau ar-lein. Ni anfonir cydnabyddiaeth yn dilyn derbyn sylwadau ar geisiadau. Bydd unrhyw sylwadau a gyflwynir ar gael i'r cyhoedd eu harchwilio i ac mae'n bosib fydd enwau gwrthwynebwyr/cefnogwr ar gael ar y Rhyngwryd. Mae'r Pwyllgor Rheoli Datblygu'n gweithredu trefniadau i aelodau o'r cyhoedd gael siarad. Os ydych yn dymuno nodi bwrriad i siarad yn y Pwyllgor (os na fydd y cais yn cael ei brosesu dan bwerau wedi'i drefnwyd), nodwch hynny yn eich ymateb. I gael mwy o wybodaeth ffônwch 01656 643675.

PLANNING (LISTED BUILDINGS & CONSERVATION AREAS) ACT 1990 LISTED BUILDING CONSENT
P/19/839/LIS Demolish rear outbuilding and wall to rear of property - 52 Park Terrace Tondy by Mr G Davies.

P/20/12/LIS Install rainwater drainage system at eaves level of the hut - Hut 9 Island Farm Bridgend by Bridgend County Borough Council Conservation & Design Team.
RESPOND BY: 12/02/2020

Jonathan Parsons - Group Manager Planning and Development Services / Rheolwr Grŵp Gwasanaethau Cynllunio a Datblygu 23/01/2020



Calls for Westminster to 'finally' start working with Welsh government

OGMORE MP Chris Elmore has called on the UK Government to finally start working with the Welsh Government to clarify how the Shared Prosperity Fund will work for Wales.

Following numerous interventions from the Mr Elmore during the last Parliament, he highlighted the uncertainty plaguing the Welsh economy as a result of the UK Government's intransigence.

The Shared Prosperity Fund is set to be used as a vehicle through which the UK Government can allocate regional investment that would otherwise have stemmed from EU funding streams. Concerns have repeatedly been raised about the amount of funding that will be made available to Wales through the fund post-2020.

During the passage of the EU Withdrawal Agreement Bill last week, the Ogmere MP highlighted the lack of consultation with the devolved administrations across the UK about the fund.

Mr Elmore said: "We are nearly two years

on from when consultations with the devolved administrations should have taken place and ended on the Shared Prosperity Fund. Yet colleagues in the Welsh Labour Government have said that Conservative Ministers are once again dragging their feet.

"Our communities and businesses across Wales need certainty and the UK Government is giving them anything but."

Wales currently receives around £680 million of EU funds every year. In per-person terms, this represents twice as much as any other country in the UK.

Mr Elmore added: "Conservative Ministers have shown time and time again throughout the Brexit process that they have no respect for the devolved administrations.

"It's time they got back around the table, worked with ministers in the Welsh Labour Government and gave the Welsh economy and the Welsh people the certainty we need and deserve."

BBC Children in Need funding surgery for voluntary groups

A DAY of booked appointments has been organised by Bridgend Association of Voluntary Organisations (BAVO) in collaboration with BBC Children in Need on Thursday, March 5 for voluntary and community groups from 9.30am to 4pm at Brynecethin Community Centre, Bridgend.

Open to groups serving Bridgend County Borough that work with disadvantaged children and young people, 30-minute appointments will be available with James Bird, a BBC Children in Need grants officer, to discuss the eligibility and potential of a project proposal.

BBC Children in Need supports stable, well-managed and effective organisations that work with disadvantaged children and young people aged 18 years and under living in the UK (groups that work with people of all ages may also apply as long as the project is focused on work with those aged 18 and under).

Disadvantaged children and young people include those affected by illness, distress, abuse, or neglect; any kind of disability; behavioural or

psychological difficulties or living in poverty or situations of deprivation.

BBC Children in Need funds two types of grants which are currently open for applications. Their Main Grants programme is for grants over £10,000 per year to support projects up to three years. Their Small Grants programme supports projects for up to three years and includes grants up to and including £10,000 per year. More information is available by visiting www.bbc.co.uk/pudsey.

Don't miss out as places are limited! Organisations who wish to attend BAVO's funding surgery must be available between 9.30am - 4pm on March 5. To apply for an appointment, you need to email an outline of your project proposal (no more than one side of A4), to angeladavies@bavo.org.uk by no later than Thursday, February 20.

Your application should focus on the children your project will work with and the differences that your project will make for them. You should be able to clearly demonstrate the link between the disadvantage and how your project will change the lives of the children involved for the better.

For further details call BAVO on 01656 810400 or email bavo@bavo.org.uk.

Pub's quiz nights help two good causes



ON Thursday, January 16, patrons of the weekly Prince of Wales, Coychurch, charity quiz night were delighted to meet the recipients of their donations in 2019.

The popularity of the Prince quiz enabled the trustees to make two donations of £750 each to good causes.

Martyn Hooper MBE founded the Pernicious Anaemia Society in 2005 after being forced to give up full time work as a lecturer in Further Education owing to the long term effects of undiagnosed pernicious anaemia and vitamin B12 deficiency.

The society is an international charity based in Bridgend, and is run entirely by volunteers. Coychurch, run by landlady Chloe, begins at 8.45pm every Thursday. The £1 weekly entry per person has enabled thousands of pounds to be donated to local good causes over the last 20 years.

Pernicious Anaemia.

The second donation of £750 was made to Jacob Newton, who was born with total hearing loss. At the age of 16 months, Jacob was the recipient of a cochlear implant and has gradually become used to the impact of being able to hear for the first time in his young life.

Jacob has additional difficulties but is a cheerful and lovable little fellow, as his big sister Izzy will confirm. The charity quiz money will enable Jacob and children like him to have access to specialist equipment for their supported education.

The weekly quiz at The Prince of Wales, Coychurch, run by landlady Chloe, begins at 8.45pm every Thursday. The £1 weekly entry per person has enabled thousands of pounds to be donated to local good causes over the last 20 years.



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The First Step to a Better Smile

Charity gains sponsor

VOLUNTEERS at the Bridgend Branch of Parkinson's UK/ Cymru were delighted to be told that they have been chosen for local sponsorship this year.

Stand Proud, choristers at Bridgend Male Choir, which is celebrating its 60th (diamond) anniversary and will give a contribution from ticket sales for any concert, which is not already linked to a charity.

The choir will also perform at Parkinson's UK/ Cymru concert in July next, thereby enabling the local branch to raise even more for a project popular with both choristers and charity volunteers.

Funds raised this year from Team Parkinson's, Bridgend are being donated to Cardiff University helping it to continue stem cell research. The aim is to delay the onset of the worst effects of the disease, and eventually to find a cure.

Bridgend Male Choir has a history of supporting good causes and 10 years ago the Borough Mayor recognised the choir for helping to raise more than £1,000,000 for charity – a figure well exceeded by now! Further updates will appear as the year progresses.

Rotary Club thank fundraisers

ON January 11 at St John's Church Hall, Newton, Porthcawl Rotary Club held a post-Christmas event to thank all the members and volunteers who gave up their time over the festive period to raise a record amount for Rotary charities.

Invited guests included members of the Inner Wheel Club, Porthcawl Town Mayor Cllr Graham Walter and volunteers.

Many Rotarians also came along to make this an event to remember.

They were treated to hot drinks, mulled wine, delicious rock cakes and mince pies, thanks to Rotarians Jean, Carol and Liz for organising the catering.

President Hugh Moatt gave thanks to the members and especially the volunteers and Inner Wheel President Judy Moatt gave generous and hearty thanks to the Rotarians of Porthcawl.

A special mention was given by Rotarian Clive Edwards to Collin Cunningham for his continued support in collecting huge amounts of bottle tops which, over the past year, raised substantial funds for End Polio.

Rotary Porthcawl would like to thank the public for their generous support in making it a very successful Christmas for the club and wish everyone a happy new year.

Send us your stories, photographs, letters and sports reports

Pupils raise money to help Australia



A PUPIL from Oldcastle Primary School has helped the school raise funds to support Australia in the wake of the devastating wildfires.

Niamh Mackleworth from year 5 sent a heartfelt letter to headteacher Mr Thompson, asking him to consider allowing a non-uniform day to help people and animals in Australia.

Niamh is particularly passionate about helping the animals that have been affected by the fires, and as a school we were extremely keen to support her efforts. During our weekly school assembly, Niamh very bravely stood up and spoke to the whole school about how everyone can help.

Niamh informed children that Mr Thompson had agreed that on Wednesday, January 15 children

were invited to wear green or yellow clothing and make a donation towards the appeal. "Niamh wrote a passionate letter to me asking Oldcastle to consider helping Australia. We are delighted that parents, pupils and staff got behind the fundraising activity and raised over £734! We will ensure that the money is sent to charities that will specifically help people and animals affected by the wildfires," said Jeremy Thompson, headteacher at Oldcastle Primary School.

Niamh wrote a lovely poem as part of her letter to Mr Thompson:

**"The fires are burning forests
As far as the eye can see
I would like to at least do something
Would you help raise money with me?"**

Community transport event hailed a success

ATTENDED by many local residents and organisations, Bridgend Community Transport held a 'drop-in' information event at the Fairfield Centre Maesteg, hosted by Special Families Maesteg, and organised by local AM Huw Irranca-Davies, together with Member of Parliament Chris Elmore and local councillor Richard Collins.

The event provided details of the company's wide-ranging services aimed at assisting people who are disadvantaged through lack of appropriate transport, and to help them maintain an active and engaged social life.

The Bridgend Community Transport minibus was brought to the Fairfield Centre site, giving many people the chance to climb aboard and see first-hand the facilities available. Company manager Graham Cartwright and one of the volunteer drivers were on hand to speak at length to dozens of attendees about their fully accessible minibus, dial-a-ride community car, Town Rider and 'wheels to work' services for individuals.

Speaking after the event, Mr Irranca-Davies

said: "It was really encouraging to see so many people turn out to hear about Bridgend Community Transport. My thanks to Graham, Kelvin and team for providing an excellent discussion about their transport options, which for many people can be the way they go shopping or reach their medical appointments, or to visit friends and take part in social activities.

MP Chris Elmore added: "Our thanks also to the Special Families group for hosting the event at the wonderful Fairfield Centre, which now provides a host of wide-ranging community services in addition to the support they provide for families with children with additional needs."

Bridgend councillor Richard Collins said: "It was good to have the chance to talk with so many local people about their individual transport needs. While community transport won't be for everyone, for some it is an absolute lifeline to friends and family and gives the chance to keep active out and about in the community."

If you, or someone you know, could benefit from Bridgend Community Transport's services, call them on 01656 669665 or visit www.bridgendcommunitytransport.co.uk.

Inner Wheel gets moving in New Year

PORTHCAWL Inner Wheel have had a very busy time over Christmas.

Their Christmas evening meal took place in The Grove and members were entertained by the Handbell Ringers.

They were able to donate more than £500 to the Stroke Club, and the proceeds of their coffee morning which took place in Trinity.

Two of the members were brave enough to do the Christmas morning swim and between them raised £250 for local charities.

It was Paget's Awareness Day on January 11, a condition the president suffers from, so members held another coffee morning at a member's home and raised £140 for research into the bone disease.

Members are now looking forward to their trip to the theatre to see *The King and I* and whatever 2020 brings.

If you would like to know more about the group, they meet at The Grove on the first Tuesday of the month at 7pm.

News from Townswomen's Guild

AT the December meeting of Porthcawl Townswomen's Guild, John Sheen had members aching with laughter at his version of the Twelve Days of Christmas!

At the last meeting, Kate Lowery gave an interesting talk on Emmaus. Not just another charity shop, but a concept providing homes for the homeless. This started in France after the Second World War by a priest, Abbé Pierre, to help home the displaced people from the war.

Emmaus UK was formed in 1997 with Terry Waite as president. It has a holistic approach and the people they rehome are called 'companions'. They stay about nine months before they are able to move on and become independent. With the increasing numbers of rough sleepers, not only in our cities but in our towns too, it is essential work.

Our next meeting is on February 12 at 2pm at All Saints Church Hall, when Gail Ivins will tell members about 'Sea glass trinkets 'n treasures'; all welcome.

Ex-AM talks Sean Connery and Jane Austen

THE Llynfi Valley Historical Society held its January meeting above the Maesteg Council Chamber.

The speaker was Dr Bryan Gibbons from Blaengwynfi, who was an Assembly Member for Port Talbot and the Afan Valley for many years. The title of his talk was 'Jane Austen, Sean Connery, Blaengwynfi and my Aunt Betty'.

His talk was an example of the theory of Six Degrees of Separation. Dr Gibbons connected all the subjects of his talk to the family that lived in Strokestown House in County Roscommon in Ireland.

Members were enthralled by the ingenuity of his reasoning and gave him an enthusiastic round of applause. Next month's speaker will be John Richards who will talk about 'The Celts in south Wales'.

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RSPCA welcomes dog breeding rules review

RSPCA Cymru has welcomed confirmation from the Welsh Government that the country's dog breeding regulations are to be revisited.

This follows a report published by the Animal Health and Welfare Framework Group on the issue of dog breeding – including input from the RSPCA. At present, anyone with three or more breeding bitches meeting certain conditions must be licensed – but welfare issues and poor breeding practices persist in Wales, as exposed by a recent BBC documentary.

The Welsh Government has also confirmed that additional funding is likely to be required by local authorities for enforcement of laws related to animal welfare.

Announcements came during a session of the Welsh Parliament's Climate Change, Environment and Rural Affairs Committee on January 16.

RSPCA Cymru says this acknowledgement is a 'hugely positive development'.

Claire Lawson of the RSPCA said: "Wales' new dog breeding laws, passed in 2014, marked a big step forward for animal welfare – but further improvements are necessary. It's really welcome that the Welsh Government are looking again at these laws, and that the Minister described this as urgent."

"We'll continue to campaign for tackling genetic issues at breeding establishments, a staff-to-dog ratio that better considers welfare, and possible action to tackle bad cat breeding practices too. However, what is really important is that local authorities feel equipped and resourced to enforce animal welfare laws – including on dog breeding, microchipping, equine control and so much else."

"We've long called for support for local authorities; via a thorough review of their funding, training and enforcement provisions impacting animals – so the Welsh Government's acknowledgement that more funding will likely be needed is also a positive development."

Union will help European nationals stay in UK after Brexit

EUROPEAN nationals working in Wales as carers, healthcare assistants and school support staff, among others, are to be offered assistance by Wales' biggest trade union in processing their applications to remain in the UK after Brexit.

UNISON Cymru Wales has linked-up with charity Settled, to pilot training on how trade union representatives might support EU citizens who may be struggling with their application to the UK Government's Settlement Scheme.

This week, training courses are being held in UNISON offices in Abergele and Cardiff and it is hoped similar events will be rolled-out across Wales.

The trade union has repeatedly underlined the contribution of foreign nationals working in Welsh public services and says they face an increasingly hostile environment during the Brexit transition. The idea is for UNISON representatives in workplaces across Wales to become 'Settled Status Angels' who could assist people and signpost complex cases to organisations with the relevant experience.

German-born Manuela Hughes has lived in the UK since 1992. She is employed as a special unit leader in an autism centre in a Pembrokeshire secondary school and has just secured Settled Status. Manuela said: "The whole process of applying to remain in the UK is confusing, frustrating and traumatic and could put people off pursuing what is their right. That's why it's so good UNISON has made a commitment to offer support to Welsh public service workers."

"My Settled Status has just been confirmed, but there's no certificate or paperwork that's legally binding. I worry if a future government chooses to move the goal-posts, the UK will be looking at another Windrush scandal."

Tanya Palmer, UNISON regional secretary said: "You only need to visit your doctor's



surgery, a local hospital, or school to see EU nationals are working hard in public service and caring for our communities. They have enriched our culture and now it is time to help them. UNISON wants to provide assistance where we can."

Settled is a charitable arm of campaign group the3million, which aims to give a voice to the three million EU citizens in the UK. The Welsh Government has provided funding to Settled to appoint a 'Settled Status Angel coordinator', who will provide free accredited training and resources to both individuals and groups.

House prices in Wales reach all-time peak

HOUSE prices in Wales have reached an all-time peak, with the average house price across the country now £193,254, despite a drop in overall sales in 2019.

In 2019, the average house price in Wales grew by 3.3%, a £6,237 rise since December 2018. Over the quarter in Wales (October – December 2019), house prices rose by 1.7%.

Despite house price growth in 2019, house sales were down by 6% in 2019 compared to the previous year. The reduction is likely to be due to the uncertainties associated with Brexit and then latterly the

General Election. Tom Denman, chief financial officer at Principality Building Society said: "It's been a decent year for average house price growth in Wales, mainly supported by historically low interest rates, a shortage of housing supply and relatively high employment. First time buyers were the driving force behind housing sales, with holiday homes also performing well."

"Now that there is a bit more clarity politically, we will wait to see if house sales pick up in 2020, although we anticipate continued modest growth in terms of house prices as a whole."

At the end of 2019, eight local authority areas established new

peak prices, among them Bridgend (£180,988), Merthyr Tydfil (£141,657), Rhondda Cynon Taf (£142,733) and Swansea (£188,417).

Over this same 10-year time span, the CPIH index for consumer price inflation has increased by some 22.6%. This means that the average house price in Wales has grown in 'real' terms by just 1.9% in the past decade.

Cardiff tops the list with house price growth of 41.2% for the decade, followed by Torfaen at 37.7% and Newport at 33.4%.

The top nine sales reduced by 9.6%, authorities in terms of with terraces down by 6.5%, which supports indications that first-time buyers are now more attracted to terraced and semi-detached properties, rather than to small centre flats.

In the past decade house prices, in this area have risen by 24.5%. Over this same 10-year time span, the CPIH index for consumer price inflation has increased by some 22.6%. This means that the average house price in Wales has grown in 'real' terms by just 1.9% in the past decade.

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Hike in number of animals with TB being slaughtered

COMMENTING on the latest bovine TB figures released on January 15 by DEFRA, Andrew RT Davies AM Shadow Minister for Environment, Sustainability, and the Environment said: "Each month, farmers and others in our rural communities anticipate these figures with apprehension, and with good reason.

"The stats for the year to October 2019 show that 12,742 animals were slaughtered because of bovine TB, which, up from 10,303, is a rise of 24 percent on the same period in 2018. England, by contrast, saw a drop of two percent.

"Clearly, the Welsh Labour Minister for the Environment and Rural Affairs has not got to grips with her brief in the almost four years in post, and

farmers, and the rural economy here in Wales, suffer as a result.

"But the suffering is not only financial. Recently in the Chamber, my colleague Paul Davies AM/AC spoke passionately on the subject of farmers enduring mental health problems. Bovine TB is another pressure, another cause of stress that our hardworking farmers and their families suffer, and it's time it ended.

"A Welsh Conservative Government would develop a new, holistic approach for the eradication of bovine TB and look at all options to achieve this.

"Until then, we will harry this Welsh Labour administration to listen to farmers – as well as the Farmers' Union of Wales and NFU Cymru – to step up its efforts to control this disease and bring this crisis to an end."

NFU Cymru Glamorgan County Conference

NFU president Minette Batters will be the guest speaker at this year's Glamorgan county conference, which will be held on January 29 at Grove Golf Club, Porthcawl, CF33 4RP.

Mrs Batters will discuss her current role within the union and ongoing policy work. NFU Cymru president John Davies will also be in attendance to give an update on the work NFU Cymru is undertaking.

Hot beef rolls will be served from 12pm with the meeting beginning at 12.30pm. Gwyn Thomas, county chairman, said: "I'd like to thank Mrs Batters and our president, John Davies, for taking the time to come along. I encourage members to bring along a family members, friend or neighbour for what promises to be a really insightful evening."

NFU Cymru would like to thank HSBC UK for their continued support in sponsoring all 11 county conferences.

Dog of the Week



DUKE is a handsome eight-year-old time getting to know him.

German Shepherd cross Collie who is looking for a loving forever home.

He happily enjoys his walks and loves a good run off-lead. Playing with his toys is his favourite pastime and loves nothing more than bouncing around with them.

He is a sociable chap, but he can be worried by men; but with gradual introductions and multiple visits to the centre, he will soon relax if you take

Duke likes to socialise with other dogs and could live with a calm dog already established in the home. He can live with children 11 years and over so would be a great addition to a family. He does have a medical condition which can be discussed at the centre.

For more information on Duke, visit the Dogs Trust Rehoming Centre in Bridgend, CF31 4NG; or call 01656 338745. You can also visit www.dogstrust.org.uk.

Miners Pension Compensation



We are successfully claiming compensation for former Welsh miners who transferred out of the Mineworkers Pension Scheme.

Many Welsh miners were advised to transfer out of their British coal pension scheme to a private scheme which paid considerably less! This was bad advice and many retired miners or their widows have lost out.

OTHER WORKERS AFFECTED!

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- Local Government • Dockers • Armed Forces
- Private Companies • Electricity Board • Teachers

Example 1 - £62,000

Mrs N. worked for the **LOCAL GOVERNMENT** in **CARDIFF**. In 1991 she was persuaded by a sales agent of **STANDARD LIFE** to transfer her pension to them. When she retired she realised she was getting a much lower pension than her friends who stayed with the Government Pension. Compensation - £62,143.

Example 2 - £87,000

Mr G. from **SWANSEA** was in the **ARMED FORCES**. In 1989 he was persuaded by a sales agent of **SCOTTISH AMICABLE** (now the Prudential) to transfer his Army Pension to them. He was promised a better pension. His pension was actually much less than the Army Pension. Compensation £38,724.

Example 1 - £87,000

Mr C. from **RISCA** worked at **CWM**. After the pit closed in 1986 he was advised by an agent of the **PRUDENTIAL** to transfer out of the miners pension. When he retired he noticed his pension wasn't as much as his friends who stayed in the miners scheme. Compensation £87,649.

Example 2 - £48,000

Mr W. from **PONTYPRIDD** worked at **MERTHYR VALE**. After the pit closed in 1989 he was advised by an independent financial advisor to transfer his miners pension to **SCOTTISH LIFE** (now Royal London). Even though the financial advisors were no longer in business he received compensation of £48,000.

Example 3 - £103,000

Mr J. from **CAERPHILLY** worked at **PENALTA**. After the pit closed in 1991 he was advised by a sales agent of the **PRUDENTIAL** to transfer out of the miners pension. This was not good advice, he lost out as a result. Compensation - £103,759.

Example 4 - £112,000

Mr H. from **PORTH** worked at **ABERCYNON**. After the pit closed in 1988 he was advised by an agent of **PEARL ASSURANCE** (now Phoenix Life) to transfer his miners pension to them. He noticed his pension wasn't as much as his friends who stayed in the British Coal Scheme. Compensation - £112,638.

If you transferred out of work pension scheme and would like a **FREE REVIEW**, please either call us on **FREEPHONE:**

0800 988 7997

or return the form below

✂

Name

Address

Tel

I transferred out of the mineworkers pension to

Please can I have a Free Review to see if I am eligible for a payout ☒

Signed Date

Please address to: Miners Pension Compensation Dept, Corries Solicitors Ltd, 11 Melroses Yard, Walmgate, York, YO1 9XF.

Miners Pension Compensation is a trading name of Corries Solicitors Ltd, Melroses Yard, Walmgate, York YO1 9XF. Regulated by Solicitors Regulation Authority no. 424101.

In the 1980's and 90's many people were persuaded by sales agents to transfer OUT of their work pension on the promise of a better return, however this was not true.

If you know a coal miner or someone else this might apply to, please make them aware of this information.

Volunteers needed for charity's daffodil Appeal

MARIE Curie, the UK's leading charity for people living with a terminal illness and their families, is urgently calling for volunteers in the Vale to give just two hours of their time to hand out the charity's iconic daffodil pins, in return for donations.

Volunteers will be supporting the Great Daffodil Appeal – Marie Curie's biggest fundraising campaign, held every February and March.

In the next 10 years, more than six million people will die in the UK and of this number, 75% will need end of life care.

The money raised from the Great Daffodil Appeal will help the Marie Curie Hospice, Cardiff and Vale (known locally as Holme Towers) and the local community team provide much-needed expert care to people with terminal illnesses, as well as support for their loved ones.

Hannah Leckie, Marie Curie Community Fundraiser for Cardiff and the Vale said: "Whether you wear a daffodil pin in celebration, in solidarity or in memory of a loved one, you are joining with millions of others to help make sure all dying people get the care and support they deserve."

"Volunteering just two hours at a local collection is a great way to show your support to your local Marie Curie hospice and help us raise money to help make sure that we can be there for more people at the end of their lives."

"Collecting can be a lot of fun too. You can do it on your own or with family and friends, and we will support you every step of the way. Volunteering is also an easy way to get involved in your local community and meet new people."

To volunteer for Marie Curie's Great Daffodil Appeal and give out the charity's 02920 426 068.



daffodils pins in return for donations, visit mariecurie.org.uk

uk/collect or call the local fundraising team in Penarth on

Start your career on the beach with the RNLI

THE Royal National Lifeboat Institution (RNLI) is in search of new recruits to spend a season working on some of south Wales' most popular beaches, as applications open for 2020 beach lifeguards.

In south Wales, the RNLI is keen to find new recruits to help with the seasonal service at Whitmore Bay, Llantwit Major, Southerndown, Ogmore, Pink Bay, Rest Bay, Coney/Sandy Bay, Trecco Bay, Aberavon, Swansea Bay, Llangland, Caswell, Three Cliffs and Port Eynon.

At the forefront of the RNLI's lifesaving work, the charity's lifeguards responded to almost 20,000 incidents and helped more than 32,000 people in 2018. Successful applicants receive world-class training in search and rescue, lifesaving and casualty care techniques, good rates of pay and the chance to develop valuable skills for a future career.

In order to apply, there is a requirement to hold a National Vocational Beach Lifeguard Qualification (NVBLQ) or equivalent. A health assessment (including an eyesight test) to ensure you are physically up to the job will be required. All lifeguards must be able to complete:

- A 400m pool swim in under 7½ minutes, the

first 200m of which must be completed in under 3½ minutes.

- A 25m pool swim underwater and a 25m surface swim consecutively in under 50 seconds.
- A 200m beach run in under 40 seconds.

Lee Fisher, Lifeguard Services Manager said: "Working as a lifeguard is a unique and rewarding experience – you get to call the beach your office! But far more importantly, you are there to make sure the public stay safe while enjoying their visit, and ultimately to help save lives at sea."

"This is a demanding job requiring commitment, skill and a clear head, but it's also a job that is truly life changing. We're looking for people with courage, determination and the ability to put their training into action and make the right decision if someone's life is in danger. It is an incredibly rewarding role."

It's not just on the beach where lifeguarding skills can be put into practice; the training provided by the charity can be an ideal first step towards many career paths, including continuing to work for the RNLI or for a career in the emergency services.

Find out more about how you can make a difference and apply to be part of the lifesaving team at rnl.org.uk/BeALifeguard.

Pop in to the pop-up choir, and see how you like singing!

POPULAR pop-up choir Vale Voices gets back together on Monday, January 27 in Holy Trinity Church, Barry.

Rehearsals are from 6pm - 7pm and offer the chance to sing a range of music at price of £20 for 13 rehearsals (under 16s £5). All music is supplied.

To mark their 10th anniversary, Vale Voices will perform the Faure Requiem as they did in 2010, with a small orchestra; a contrasting second half will feature pop classics. The concert will be on

Saturday, May 2 in All Saints', Barry after which the group will disband until the following year. A key aim of Vale Voices is to introduce newcomers to group singing and encourage them to join another choir after a positive experience in VV. Rehearsals are fast-paced and fun, and all singers whatever their experience – or lack of it – are welcome. The choir is led by Dot Connell and longstanding member Joe Green, who will step out from the tenors to take on direction for part of the concert. All YOU need to do is turn up and join in!

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IT would be fair to say that in the last six years, Adam Elliot have carved out a formidable reputation for themselves as a leading manufacturer of bespoke kitchens and furniture, in both terms of quality of product and service.

What started out as a business looking after the needs of the local clients has now expanded, and we now have clients in the extremities of West Wales to the east end of London and all points in between.

"It is all about tailoring each project to the individual customer's specifications," states Steven Elliot Tuck, co-owner

of Adam Elliot.

"We make sure to take the time to understand exactly what they want from their kitchen, bedroom or bespoke furniture. This way we can be certain that the end product meets with their approval.

"We also give the customer the option of being more closely involved with the production of the furniture, we can set up a WhatsApp group that is regularly updated with pictures and videos of furniture as it moves through the production process".

Steven adds: "We find that many of our customers like this approach; it is a bit more involved than just ordering your furniture from a catalogue, as is the case with many of our competitors who claim to be 'bespoke'.

"The past six years have also seen the business expand in size. When Steven and I got together, there literally was just the two of us. We now employ six people, from cabinet makers, expert finishers, dedicated showroom staff and our local apprentice," explains Peter Adamec, Steven's business partner at Adam Elliot.

"We have embarked on a strategy of expansion and consolidation: only moving forward when it is financially viable and perhaps, more importantly, sustainable.

"Adam Elliot now have, we believe, the best set up locally and encourage customers to visit our showroom and workshop to see how we work.

"As well as displays of bespoke kitchen furniture in the showroom, Adam Elliot also have working examples of Quooker taps and the ground-breaking Bora hob.



"We see this as an important development, aligning ourselves with such high quality and unique companies. Even if you don't need a kitchen at the moment, it is worth coming to see these products in action, we are sure you will be impressed.

"We like to think that at Adam Elliot, we give our customers a different kind of experience. It starts with the ability to see first hand what you are getting, where it is made, and how it is made.

"How many others can make that claim? It then moves on with the constant involvement of the customer, in the process of making sure that you are getting exactly what you want. When a delivery date has been confirmed, we will deliver and install your dream kitchen or bedroom, making sure that it is finished to the highest possible standards.

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Parish boundary maps go digital



PARISH boundary maps across Wales are going digital for the first time in a project aimed at improving the way churches serve their communities.

The Church in Wales is investing in creating a digital map of the whole country, including the boundaries of its 466 parishes and ministry areas. The maps will then be used to model demographic trends specific to each area.

The project will provide church leaders with data about people in their areas – such as the age profile, education level and employment status – enabling them to tailor their services accordingly. That could mean setting up more foodbanks or debt centres in areas where there is greatest poverty, or extending initiatives, such as Messy Church and after school clubs, to places where there are high numbers of

children.

The data collected will also provide a better context for the Church in Wales' membership statistics and help inform decisions about how best to support congregations. The mapping work is being undertaken by Exegesis, a geographical information systems agency, with the data software provided by the Church Army. The project is supported by the Allchurches Trust with a grant of £14,500.

Simon Lloyd, provincial secretary of the Church in Wales, said: "We are very grateful to Allchurches Trust for this grant towards our digital mapping project, an exciting project which will provide us with a complete digital picture of our parish, mission and ministry areas. As the Church in Wales celebrates its centenary this year, this project will give us the most up-to-date tools on which to help build our future."

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News from Llangan and Treoes with Nancy Davidge

LLANGAN Primary School: who will continue to purchase their Christmas trees from Cross Farm. On January 17 six of the school's years 5/6 pupils attended a Lego tournament at the Swansea Maritime Museum, which they enjoyed.

A big thank you to Miss England and Mrs Adams at Cross Farm Nursery, for the cheque for £150 – commission for the sale of Christmas trees purchased by parents from Llangan School.

Miss England and Mrs Adams have continually supported the school over the years, and thanks to the parents

Of interest to parents of Llangan School: Proposed prohibition of waiting/loading at any time, un-named road that fronts Llangan Primary School, dated January 16, 2020.

Director of Environment and Housing, Vale of Glamorgan Council.

Saron Chapel, Treoes

The next service at Saron Chapel will take place on Sunday, January 26 at 3pm; officiating minister Rev Alwyn Evans. Everyone is assured of a warm welcome.

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New bylaws to protect threatened and vulnerable fish come into force

NEW bylaws which will help protect increasingly vulnerable and threatened stocks of salmon and sea trout in rivers across Wales are in place for the 2020 season.

The bylaws, which came into force on New Year's Day and will last for 10 years, mean all salmon caught by rod and net fisheries must be released alive with minimum injury and delay.

Measures, taken by Natural Resources Wales, have also been introduced to help protect sea trout in many rivers with all rod-caught sea trout over 60cm having to be released alive.

Also, new controls on angling methods will improve the survival of released fish so they can contribute to spawning stocks.

Peter Gough, Principal Fisheries Advisor for Natural Resources Wales, said: "All of our salmon stocks are in serious trouble and have fallen to historically low levels. The same is true of the majority

(70%) of our sea trout stocks.

"Over the past five years, we have engaged in a thorough process to set out the evidence to justify introduction of new fishing regulations to help protect these vulnerable stocks.

"After an inquiry that explored the evidence, the Minister for Environment, Energy and Rural Affairs approved new rod and net fishing bylaws to help protect these iconic fish.

"Even relatively small numbers of fish are crucial to recover stocks in as short a time as possible. Every spawning fish matters."

In addition, and as required by the Minister, Natural Resources Wales continues to work with partners and Welsh Government to identify and address the range of pressures damaging stocks.

Mr Gough added: "We firmly believe that the new bylaws, along with a range of other urgent measures such as tackling agricultural pollution, improving water quality, improving habitats and managing potential threats from predators, are vital for the



future of salmon and sea trout in Wales.

"We want to work with the fishing communities and all with a stake in our river environments to protect our fish and fisheries for future generations

to enjoy.

"The bylaws will be a positive step in helping protect stocks."

Challenge for future cyber security experts

THE National Matrix Challenge went live on January 20, and is open to every 11 to 17 year old in the United Kingdom.

The challenge consists of three stages, which will eventually lead to the crowning of a national champion in both the 11-14 and 15-17 year old age categories.

Stage one of the Matrix Challenge is a digital game that will help players to be safer online, understand the law and test their cyber skills.

The highest performers will then go forward to stage two.

Stage two will allow those successful to take part in a regional live semi-final at Cardiff City Stadium on March 28 when players will have the opportunity to take on activities designed and run by cyber security-focused industry partners.

The top three in each age category from Tarian's regional competition go forward to the national event.

The Matrix Challenge is being run by the Tarian Regional Cyber Crime in the south Wales area with the help of South Wales, Gwent and Dyfed Powys Police forces.

Detective Sergeant

Warren Davies of Tarian Regional Cyber Crime Unit, said: "This is a fantastic opportunity for all 11 to 17 year olds across the Tarian Wales region to test their cyber security skills and hopefully start to consider future roles in the industry.

Chief Constable of Derbyshire Police and NPCC Cyber Crime Lead Peter Goodman said: "Our young people will compete against a national virtual peer network when they experiment and test their abilities using online-connected technologies.

They will learn to understand about the legal boundaries of cybercrime, enabling them to differentiate between what is a legal or illegal act.

"This is a great opportunity to identify emerging digital talent for policing and our partners."

To take part in stage one of the National Matrix Challenge visit matrix-challenge.uk between January 20 and February 14.

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Concern expressed over implications of National Trust tree planting plans for tenants

FARMERS' Union of Wales (FUW) staff have expressed concerns regarding the implications for members, who are National Trust tenants, given the Trust's plans to plant large numbers of trees on their land.

The concerns were expressed during a meeting of the union's county executive officers, who represent members in Wales' 12 FUW county regions, some of which include large areas of land owned by the trust. On January 9 the general director of the Trust revealed plans to grow 20 million trees over the next 10 years by planting saplings or removing livestock, to allow self-seeding; and dozens of farm tenancies are to be altered as they come up for renewal to cut sheep and cattle numbers.

To achieve their target, the Trust is looking to spend about £90 million creating 18,000 hectares of woodland, increasing the proportion of Trust land that is forest from 10% to 17% by 2030.

Speaking after the meeting, FUW president Glyn Roberts said: "Our members are fully supportive of appropriate tree planting where this does not undermine farm productivity and the environment. Indeed, they regularly complain about the obstacles they come across when they try to plant trees."

"However, many National Trust farmers have contacted us to raise concerns regarding the announcement. Of course, given the urgent need to reduce greenhouse gas emissions, the role played by soils and plants in sequestering carbon is rightly attracting significant attention, with a particular focus on the planting of trees. But we mustn't forget that within the past century, the area of woodland in Wales increased threefold from 5% in 1919 to around 15% in

2016, with mainly deciduous farm woodlands making up 30% of the area."

The president further stressed that the experience over the past century highlights the damage that well-intentioned policies aimed at increasing woodland areas can have.

"With the trust proposing to remove sheep and cattle from land to allow natural afforestation, it must also be remembered that the removal of agriculture has been directly associated by scientists with habitat and species loss in hundreds of examples from around the world, including the UK."

The charity Plantlife recently warned that "...more than half of all wild plants need regular management or disturbance to thrive; 611 (39.6%) species will decline within a decade if the land on which they grow is simply abandoned and 127 (16.4%) will decline within one to three years".

"If the National Trust wants to do more to become carbon neutral, perhaps looking at providing public transport to their sites would be a good place to start. That is especially pertinent if we consider their annual visitor numbers top 25 million and the carbon footprint these generate."

"Transport is the third-highest polluter, with agriculture responsible for just 10% of greenhouse gas emissions. In fact, UK beef and lamb carbon emissions are 35% lower than the current global average and emissions from Welsh agriculture have decreased by 12% since 1990 as a result of a range of improvements."

Given such concerns, Mr Roberts has written to the Trust to ask them to clarify their plans and highlighted the concerns of tenants as well as those who farm near National Trust land.

Snowdrops signal spring is coming

SHAKE off the winter and welcome the first signs of spring with the National Garden Scheme Snowdrop Festival.

These glorious harbinger of the wonderful life of gardens to come can be viewed in over 100 National Garden Scheme gardens throughout England and Wales during January, February and March. On a wintry day there is nothing better than visiting a garden teeming with one of the earliest flowering plants of the year – and the National Garden Scheme's fourth annual Snowdrop Festival welcomes the first signs of spring.

Whether you enjoy carpets of naturalised white in woodlands, meticulously grown rare varieties of snowdrops or gardens boasting a colourful mix of snowdrops, hellebores and other early spring flowers – there is something for galanthophiles and garden enthusiasts alike throughout January and February. George Plumtree of The National Garden Scheme said: "Garden visiting at this time of year isn't

just for galanthophiles who are looking to discover a rare variety of snowdrop in gardens they may never otherwise find. Snowdrops are the perfect antidote to the winter blues, and spending the afternoon at one of our Snowdrop Festival gardens is the ideal opportunity to enjoy some spectacular scenes at an otherwise gloomy time of year."

Slade Garden, Southerndown, CF32 0RP opens on February 16 and 23: an unexpected jewel next to the sea with views overlooking the Bristol Channel, the garden tumbles down a valley protected by a belt of woodland. In front of the house are delightful formal areas, a rose and clematis pergola and herbaceous borders. Garden highlights include Snowdrops, Hellebores, Hermodactylus Tuberosa – Black Widow Iris. The visit makes for a good walk and wonderful views across the Bristol Channel with partial access with wheelchairs. A great day out for the family with the garden leading to the beach and hot mugs of soup served. Adults £5, children free. Visit ngs.org.uk/snowdrops or download the

What's on, and where?

Floral Society

THE Barry Floral Society will hold its AGM on Tuesday, January 28 at St Nicholas Hall, St Nicholas Road, Barry at 2.15pm. New members always welcome.

Penarth Computer Club

THE next meeting takes place at 7.30pm in All Saints Lesser Hall, Penarth, on Tuesday, January 28 when the topic will be 'Smartphones and tablets – basics'. The club offers advice and reassurance to retired (and younger) members on all types of devices; visitors always welcome.

Carers Group

ARE you a carer who cares unpaid for a friend or family member living with dementia and who would like to meet other informal carers?

A monthly carers group starts at the Senior Health Shop Café, 38 Holton Road, Barry CF63 4HD on Thursday, January 30 from 10am until 11.30am. Chat over a cuppa, hear about access to information and support, led by a volunteer Dementia Friends champion.

JustGo!
Holidays

UK BREAKS

By Coach from Bridgend & Cardiff

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ISLE OF WIGHT

Royals & Rails



Departing Monday 11 May

From the striking natural majesty of The Needles to the peaceful inland villages, the Isle of Wight is a haven of old-fashioned charm and inspiring scenery. With elegant resort towns, spotless beaches and miles of unspoilt coastline, it's a timeless destination.

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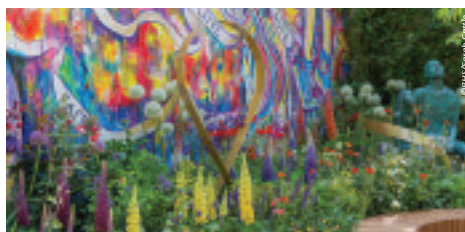
- ✓ Return coach travel and ferry crossings from Bridgend & Cardiff
- ✓ 4 nights at the Burlington Hotel, Sandown with dinner & breakfast
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- ✓ Excursions to Osborne House, Cowes & Ryde

5 Days by Coach only £299

Single Supplement £60

RHS CHELSEA

Flower Show 2020



Departing Friday 22 May

The iconic Chelsea Flower Show is a must attend event, and if you haven't been yet, now is the time! This is the most prestigious flower show in the country, showcasing all the latest in garden design innovation in the grounds of the Royal Hospital, Chelsea.

Your break includes

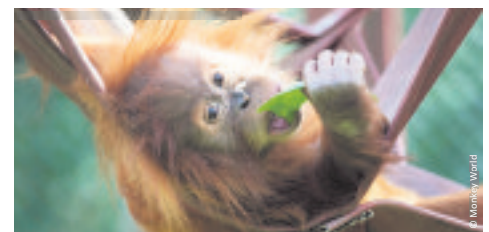
- ✓ Return coach travel from Bridgend & Cardiff
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BOURNEMOUTH

Steam Railway & Monkey World



Departing Monday 15 Jun

From our base in the bustling resort of Bournemouth with its golden sands and historic pier, we explore neighbouring Poole and the glorious gardens at Exbury. We also discover the heart-warming story of the rescue of primates at the Monkey World sanctuary.

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VALE OF GLAMORGAN COUNCIL

Building Excellence

AWARDS 2020



BUILDERS AND DEVELOPERS who use the building regulation service of the Vale of Glamorgan Council will be attending the 17th Building Excellence Awards dinner, organised through the Building Control Group of the Council at The Vale Resort Golf Club, Hensol on Friday, January 24.

Nominations for the awards are made by the council's Building Control surveyors, who are responsible for the supervision of the projects as they progress on site, through to the completion of the work.

Victoria Robinson, Operational Manager for Planning and Building Control says: "The nominations go to show yet again that there are several excellent examples of high-quality construction projects that have been undertaken within the Vale of Glamorgan.

"Ensuring that buildings are constructed in accordance with current building regulations requires a very high standard of workmanship. The builders nominated this year have proven that they can meet this requirement.

"I hope we continue to build upon the success of last year's awards, with all who take part having the ultimate aim of getting to The National Awards, in London in November this year."

Head of Regeneration and Planning, Marcus Goldsworthy emphasises: "Development of any size impacts upon our surroundings and the day-to-day lives of all of us.

"Ultimately, it is the builder who has the major responsibility in satisfying, not only the customer's needs, but also of meeting the terms of the legislation.

"The Building Awards will provide all those involved with well-deserved recognition for consistently carrying out work of a high standard.

"These awards are so important to recognise those builders and developers who are excelling and producing top quality schemes, which can compete on a national level.

"The awards also help those looking to appoint new contractors to focus on those builders and contractors who are considered to be the very best in their field."

COUNCIL'S THANKS

The Vale of Glamorgan Council would also like to thank all the sponsors of this event, without whom it would not be possible to recognise the builders and developers whose quality of work is making a positive difference to the environment of the Vale of Glamorgan.

Sponsors are: Nina Estate Agents from Barry; ACD Skip & Recycling from Bridgend; The Vale Resort, Hensol; Ivorfire; Jewsons; Cromar Building Products; Vale Consultancy; Steve James Builders; and The Glamorgan GEM.

Winners of the Vale of Glamorgan event will go forward to the LABC South Wales 'Building Awards' dinner that will be held at the Vale of Glamorgan Golf & Spa Resort, Hensol, on Friday, May 1 2020.

CRITERIA REQUIRED:

- Compliance with Building Regulations and energy efficiency
- Supplying and managing information (giving of notices and information relative to the work)
- Speed of fault rectification

- Site environment, safety and storage of materials (so as not to be detrimental to their use)
- Client/customer satisfaction
- Sustainable and technical innovation
- Access for people with special adaptations
- Small Domestic, Housing and Commercial projects



ABOVE: The Vale of Glamorgan Council's Building Control Group.

Sponsored by:



VALE OF GLAMORGAN BUILDING EXCELLENCE AWARDS 2020

EXTENSIONS/ALTERATIONS



Smithies Avenue, Sully

Builder: Dave Roberts.

Architect: Greg Tuck, Meridian Building Design.

THE scheme consists of updating a 1960s single storey bungalow with rear extensions to form new family accommodation.

A full plans application was submitted to Building Control which was duly vetted and conditionally approved. Once on site there was very good liaison between the builder and building control at every stage.

The whole building has been thermally upgraded with the additional of upgraded windows, roof insulation and new heating; the rear area has been demolished to accommodate the new rear extension to form the kitchen/family room and bedroom,

which is constructed to current standards.

The relationship between the builder, architect and building control has been exceptional due to the architect being part of the partnership scheme and the builder producing a high standard of work which has been previously recognised.

A number of minor on-site problems were overcome during the project and resolved in consultation with building control.

The high standard of the overall scheme has resulted in a modern bungalow with state-of-the-art facilities, which enhance the existing sea views.



We are delighted to be nominated for the Vale of Glamorgan Building Control Awards

02920 515952

greg@meridianbd.com

Mountain Lodge, Hensol

Builder: Martin Watts-Jones
Agent: Don Mitchell Associates

MOUNTAIN Lodge is a beautiful 19th century neo-Gothic style property which was originally constructed as the south gate lodge to the Hensol Castle estate.

The extension and alteration works comprised a complete internal renovation of the existing property and a two storey extension to the north side. The extension was designed with features from the original property, while incorporating subtle contemporary touches.

The local contractor consists of a team of highly skilled master tradesmen who managed all aspects of the extension and organised sub-contractors where necessary. The complex, steeply sloping roof structure was constructed with ease by the contractor which demonstrates the high level of expertise.

The lower lead covered roof provides a visual definition between old and new, but also provided a problem with ventilation. This was eventually overcome by the contractor following an in-depth on-site meeting with Building Control.

This development is a true indication of the level that can be achieved when a good design, excellent contractor and close interaction with Building Control are combined. The views of open countryside are striking from within the extension, and externally the extension sits elegantly alongside the existing property.



Ashleigh House, Llangan

Builder: Jenkins Builders.

Agent: MAH Design

THE Ashleigh House development in Llangan consisted of the removal of the existing roof structure to allow for an additional storey to be added, internal remodelling works and the construction of a detached annexe.

The annexe was phase one of the project with the alterations to the existing house part of phase two. The contractor on this development was keen to have Building Control's input from the beginning with several pre-start meetings; this showed the contractor had the client's best interests in mind and was conscious of delivering a high standard build. Both phases of the development delivered unforeseeable problems for the contractor which were dealt with easily, and demonstrates the contractor's high level of competence.

The contractor has delivered a high quality extension with a depth of character and an annexe with a contemporary twist, both sitting beautifully within rural surroundings.



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VALE OF GLAMORGAN BUILDING EXCELLENCE AWARDS 2020

EXTENSIONS/ALTERATIONS

Maes y Deri, Gwern Y Steeple

Contractor:
Absolute Property
Developers.

THE property was originally a dormer bungalow with dated décor and a simplistic plan layout.

The proposal was to put in a first floor extension with a complete new internal layout. The main objective for the designer was to keep a large, modern, open plan space allowing maximum natural light without losing its traditional



characteristics. They have incorporated larger openings in the bedrooms and living areas, which allows the occupants to benefit from the stunning views around the property.

Absolute Property Developers were exceptionally easy to deal with throughout the various stages of the project and because of

that, an excellent working relationship was formed. With excellent communication and their keen interest to comply with current regulations, it was very easy for the plans to be slightly altered to allow full compliance with the Approved Documents.



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Wernlas, Dinas Powys

Contractor: Hobbs and Jones Ltd.
Agent: Susan Rosser

THE scheme consists of updating a 1900s detached house and adding a two storey side extension to form new family accommodation and a master bedroom suite.

A full plans application was submitted to Building Control which was duly vetted and conditionally approved. Once on site there was very good liaison between the builder and building control at every stage.

The new extension to form the kitchen/family room, bedroom, which is constructed to current standards. The relationship between the builder and Building Control has been very good and the builder has produced a high standard of work which has been previously recognised.

A number of minor on site problems were overcome during the project and resolved in consultation with Building Control. The high standard of the overall scheme has resulted in a modern addition which enhances the existing period property.



BEST SOCIAL HOUSING

Cwrt Parc, Woodlands Road, Barry

Contractor: M&J Cosgrove

Applicant: Hafod Housing

Agent: Dennis Hellyar Architects

THE project involved the construction of three blocks of apartments totalling 27 units for social housing.

As the site was a brown-field site, there were issues with the ground conditions which meant excavations had to be dug a considerable amount deeper to block 2.

The build was a traditional masonry construction with a clay brick finish and anthracite windows, doors, fascia and soffits to give a modern finish on a traditional looking building.

Access was at the forefront of the design with particular regard given for people with disabilities.

The site was located on a busy junction and Cosgroves worked well to ensure that there was minimal disruption to traffic and neighbouring properties. An exceptionally high quality build was achieved as the construction was inspected by building control and LABC warranty.



dennis hellyar architects

We are delighted to be nominated for
The Vale of Glamorgan
Building Awards 2020

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BEST SOCIAL HOUSING



We're proud to be collaborating with the Vale of Glamorgan Council, providing homes to families & individuals in housing need.

We're thrilled that Greenwood Close in Wenvoe has been nominated in the Building Control Awards. Thank you to our contractors J G Hale Construction Ltd.

0303 040 1998
newydd.co.uk



Greenwood Close, Wenvoe

Contractor: Hale Construction.
Applicant: Newydd Housing.
Agent: Tony King Architects.

Also nominated in the Best Small Housing category.

THE small development of 15 houses is constructed of timber frame with a mix of stone and rendered external finish.

Timber frame construction enabled each house to achieve a higher thermal efficiency compared to traditional masonry structures, lowering the running costs while increasing floor space.

The final product has blended in with the surrounding area while also creating a picturesque development for new owners.

A good relationship was established with Hale Construction during the design stage and was maintained throughout the build. This allowed discussions of the designs and how to overcome certain factors of the build, in order to comply with current building regulations.

The site manager liaised closely and informed Building Control of any issues that arose and provided sufficient notice of any inspections that were required. When design changes were made the Building Control team were notified, to ensure compliance was maintained to the

highest quality.

Health and safety was taken seriously on-site by all personnel, procedures were followed at all times. This was achieved by using appropriate signage around the entire site and the inductions were provided by the site manager. This decreased the risks to health and safety, making it a safe environment for managers, tradesmen and visitors.

Due to the contractor and agent using the most up-to-date technology and communication methods, this allowed the process throughout the planning and build stages to be efficient and effective.



BEST NEW DWELLING

Stanfield House, Wick

Contractor – Mr Richardson.
Agent – Tony Jenkins.

THIS development consisted of a three storey four bedroom dwelling.

The contractor overcame several potential problems during the build with ease, this is testament to the contractor's professional approach from start to finish. The building achieved an air pressure test result of 2.7, which demonstrates the high level of quality that was achieved.

The relationship between the contractor and the department went from strength to strength through the build; this contributed to the contractor delivering a fully compliant dwelling finished to the highest standard.



Hillside Farm, Ton Breigam

Contractor – MDS Contractors Ltd.
Agent – Planabuild.

THIS two bedroom rural enterprise dwelling is embedded with quality.

It was clear from the outset that the contractor wanted to deliver an excellent house for the client. The contractor is a previous award winner and has built up a reputation for meticulous attention to detail on every project I have had the pleasure of dealing with over the past 12 years.

This close working relationship, and regular site meetings helped deliver an exceptionally high standard, bespoke dwelling. The building incorporates

solar water heating, oil central heating and a wood burning stove. The large exposed oak king trusses formed by the contractor on-site add a depth of character to the build and showcase the contractor's joinery skills.

The air leakage achieved was 2.4 with a designed value of 5, which truly demonstrates the contractor's 'over and above' approach to this project. All aspects of the project were managed by the contractor, all sub-contractors were closely monitored with the contractor passing any queries they had straight to Building Control.

The finished product is a beautiful two bedroom house set overlooking its own lake, within picturesque rural surroundings that is enriched with charm.



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Ebony House, St Nicholas

Contractor: Edwards Construction.
Agent: Hatcher Prichard Architects.

THE scheme consists of constructing a new state-of-the-art house.

A full plans application was submitted to Building Control which was duly vetted and conditionally approved.

The building consists of high specification timber frame walls around a steel frame. The drainage system runs to an on-site cesspit system and storm water to an infiltration system. The wall system to give the finish consists of multi-layer timber framing, insulation, breather membranes and cladding units.

The layout is constructed around the main ground floor kitchen/family room with four bedrooms with en-suites at first floor level.

Once on site there was very good liaison between the builder and building control at every stage. The house, which is constructed to current standards, achieved an air permeability rating of 4.25. The relationship between the builder and building control has been very good and the builder has produced a high standard of work.

A number of minor on-site problems were overcome during the project and resolved in consultation with building control.

The high standard of the overall scheme has resulted in a modern property for the 21st century.



BEST COMMERCIAL BUILDING

Llanerch Vineyard Hotel, Hensol

Contractor/applicant: Llanerch Vineyard.
Agent: Duffryn Design.

THIS 26-bedroom hotel is the first vineyard hotel in Britain.

The hotel offers the highest quality and every detail has been thought about, from luxury in-room products to maximising the spectacular scenery enjoyed by every room. The development was the vision of the owner, Ryan Davies, to develop a unique experience to visitors to the vineyard since taking over the bankrupt business in 2010.

The two storey building was erected with a timber frame internal skin and a masonry outer skin, with a well balanced mix of render, cedar cladding and stone-work providing a contemporary look. The bathrooms were created and finished off-site and brought to site as pods during the early stages of the build as part of good project management.

During weekly site visits in the later stages of the build, I was able to work closely with the site manager to resolve many technical queries as they arose. Dealing with the family behind Llanerch has been nothing but a pleasure throughout this build: as a department we are proud to be associated with this flagship development for the Vale. Every element from start to finish was handled with care and finished to the highest standard.



Clare Garden Village, Cowbridge

Contractor: Taylor Wimpey
Agent: Taylor Wimpey.

BEST LARGE HOUSING

THIS project involves the erection of 169 residential units comprising two, three, four and five bedroom dwellings with affordable housing and associated infrastructure.

This development is Phase one of three, which in total involves the erection of 500 much needed new homes for Cowbridge. The finish has been a mixture of face brick, stone and render which has complemented the surrounding area. This site has been under construction for around 18 months and has continuously maintained a high level of quality throughout.

The planning and management of the project has been excellent throughout. Health and safety during the build has been exemplary, with many features going beyond the legal requirement. There has been excellent communication between the site management team and Building Control with any defects being immediately rectified.



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BEST PARTNERSHIP

THIS recognises the best development team approach, long-standing relationship, or co-operative approach to problem solving Specific Criteria – The partnership must be an official partnership with LABC as part of our Partner Authority Scheme.

There needs to be evidence that the partnership has developed beyond the 'normal' working relationship and continues to use LABC over an extended period of time. Entries should include information about the relationship with Local Authority Building Control - Length of partnership - Variety of projects - Innovative solutions developed by working in partnership - Strengths of partnership - Consistency of work - Value of partnership - New work gained from the partnership.

BEST SITE SUPERVISOR/ CONSTRUCTION PROFESSIONAL

THIS recognises a specific person rather than an overall company.

Nominations for this should be for a site manager who has stood out, by going above and beyond the call of duty, to ensure an outstanding working relationship with the local authority.

With a professional attitude, good communication skills and a 'hands on' approach this candidate has been keen to get the local authority involved right at the start.

SPONSORS

Nina Estate and Letting Agents

NINA Chivers has been operating as an Estate Agent since the 1990s and over the years has earned a reputation as one of the most innovative and well-known independent family-run businesses in the Vale of Glamorgan.

Situated at 1, Broad Street, Barry there are two offices: a Sales office and a Lettings Office, so whether you are interested in buying, selling, renting, surveying or mortgage advice, we provide our customers with a full range of property services.

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In addition, Nina Estate & Letting Agents conforms to all of the regulations and guidelines as outlined by the industry's regulatory bodies (Property Market - NAEA) Property Ombudsman, Rent Smart so you can rest assured that we are an Estate and letting agents that you can trust.

ACD Skips

ACD Skips is a family-run company that was set up in Bridgend as a one-lorry operation in 1993.

The company has grown in size quite considerably and has overcome many hurdles, due to the vast changes in environmental legislation and waste policies.

It currently runs a fleet of waste collection vehicles with its own maintenance facility, and operates a materials recycling centre at premises on Brynmyn Industrial Estate, Bridgend, which is a central base with easy M4 access.

The company is progressive, is open to any new waste reduction initiatives, and actively pursues new waste recycling ideas - understanding the requirements of its customers, together with good service, remains a top priority.

The Glamorgan GEM

THE Glamorgan GEM is proud to once again co-sponsoring the annual Vale of Glamorgan Building Awards.

As the Vale's most widely read and distributed weekly newspaper, we are committed to supporting the community as a whole, and local businesses in particular.

As such, it gives us genuine pleasure to publicly acknowledge their professional achievements – and

NOMINATIONS:

C2J Architects; Ray Baker; Dennis Hellyar; Robertson Francis Partnership; Varco; Benjamin Harbron; Tony King Associates; Paul Rolley; Anderson and Associates; Ferrier & Co; KEW Architectural Design; Nigel Arnold Architects; BAE Systems; Boyes Rees Architects; Amro Design; DS Properties; Interior Architect Design; Meridian; Gillard Associates; MS Design; Cardiff Orangeries; Taylor Wimpey; 1010 Architects; Andrew Parker; Delta Property Ltd; JH Leeke and Sons; Reuben Evans; Pinit Building & Civil; Newydd Housing Association Ltd; Salt Consultancy; Chris Hyatt.

BEST LOCAL BUILDER/TRADESMAN

THIS recognises good quality general builders or specialists in local craft skills.

Specific criteria: Vernacular building reflecting local traditions and construction materials; Consistency of high quality craft skills; A history of repeating good quality work; Local, small scale projects in the domestic or new build market.

what better way to do this than through these prestigious Vale of Glamorgan Council awards?

The nominees listed in this special supplement had to fight off formidable competition to get this far and they can be justifiably proud of themselves

The GEM, too, is pleased to play its part in honouring this Vale success story.

Jewson for all your building needs

WITH over 600 branches across the country, Jewson is the UK's leading supplier of sustainable timber and building materials.

The first Jewson branch opened in 1836. For over 176 years, we have been supplying building materials and supporting the trade.

Jewson offers the widest range of quality materials and products from everyday core essentials to the latest sustainable innovations - Jewson's friendly and knowledgeable staff continue to provide the highest levels of customer service.

In addition to timber and building materials, Jewson also has specialist landscaping, joinery, insulation, tool hire, brick, kitchen and bathroom centres up and down the country.

The Vale Resort

THE Vale Resort offers conference suites designed with today's business clientele in mind, and can cater comfortably for 10-700 delegates with a choice of 11 multi-functional business suites.

The resort leisure facilities include 143 luxuriously-appointed bedrooms, two championship golf courses, Wales' largest spa, award-winning dining, and exceptional sporting facilities.

Add to this, ample free parking, WIFI, easy access off the M4 – and it's easy to see why the Vale Resort is the ideal location for business and for pleasure.

Ivorfire Safety Services

SINCE the introduction of the Regulatory Reform (Fire Safety) Order 2005 the rules have changed for fire safety in existing and new buildings.

Whether it's a light touch or a little more, Ivorfire Safety Services can help you at reasonable rates.

Ivorfire Safety Services can provide a competent safety service, at reasonable rates and advise on any fire safety matter.

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For a free, no obligation, chat; please contact office@ivorfire.co.uk or telephone 02920 330885 and kindly leave a message if we are busy.

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SINCE its formation in 1997, Cromar Building Products has taken advantage of its independent ownership to provide an extensive range of products to merchants.

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Our sales and garage door servicing team are on hand to offer friendly, impartial advice on replacement garage doors and on any new build installations.

Action Doors specialises in electric garage door operators and offer realistic prices for electric conversions. We also carry a large stock of garage doors spares for all the major garage and industrial door manufacturers for servicing or repair of your current door.

We are able to supply a wide range of door services from design, manufacturing, installation, servicing and repair.

We are fully conversant with all types of industrial doors and residential garage doors and have garage doors in various styles, from traditional designs to Celtic doors.

At our head office and factory in Bridgend, we manufacture roller shutter doors. With the introduction of our own in-house forming mill, we can provide a same day door repair service for most impact-damaged doors.

We also hold a large stock of panels and spares for industrial sectional doors.

For a free, no obligation quotation on all new garage or industrial doors, please call our head office on 01656 659274.

Premium CCTV for peace of mind

IT was 16 months ago that Ben Morris started Premium CCTV, but that decision followed more than 10 years in the business, watching the demand for CCTV security grow and assessing what people needed.

Although the business is based in Porthcawl, it accepts commissions from all over south Wales.

Ben told The GEM that advances in technology had made security cameras both better in quality and more affordable – and that improved night vision capability had been a real game-changer.

Increasingly, people want peace of mind, either for themselves, or for friends or family who might be in a more vulnerable situation – and now that security was much more competitively priced.

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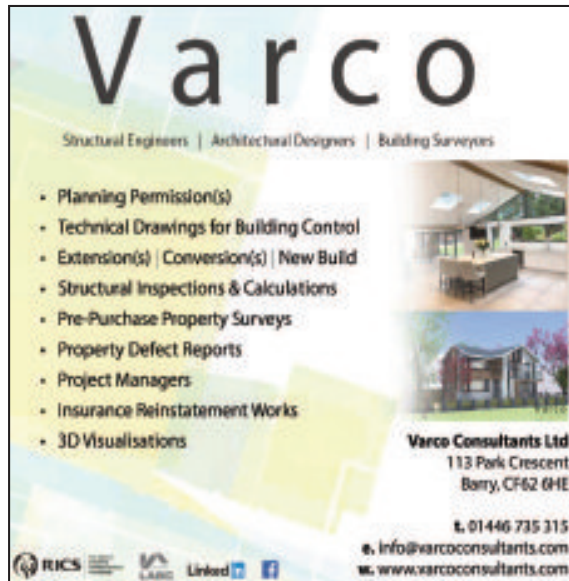
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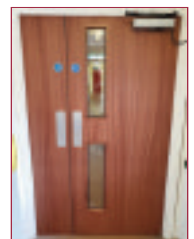
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Out & About with The GEM

Forget Dry January – people are being encouraged to drink beer

THE brewing industry has its own new year trend and there are loads of Welsh events coming up to celebrate, writes Neil Goodman.

There are all sorts of quirky fads to get involved in; you've got the cruelty-free foodie stint of Veganuary, along with every pub's worst nightmare – Dry January.

While Dry January might be good for your liver and your wallet, there's one trend that actually encourages you to drink beer.

'Tryanuary', the volunteer-led campaign that promotes support for the beer industry in January is back.

The annual campaign is run by people passionate about beer and the industry, who want to help breweries, bars, pubs and other beer venues during the tough month of January.

Mike Hampshire, national campaign coordinator, said: "Every year starts the same; many people make New Year's resolutions about improving health and wellbeing and often the first thing that stops



is alcohol consumption.

"This isn't a promotion to encourage irresponsible drinking; beer can be enjoyed as part of a balanced lifestyle all year round and pubs are great community spaces. My slogan at the moment is 'Remember, pubs aren't just for Christmas!'"

Breweries and beer venues are encouraged to take part by organising events that can be listed free of charge on the Tryanuary website and be actively promoted on social media by organisers using #Tryanuary.

People who are planning on taking part in Dry January are still encouraged to join in Tryanuary too. We're seeing a growth in the production and consumption of alcohol-free beers in the UK. There are some fantastic brewery innovators out there making tasty alcohol-free ales, from pales to stouts. There's no reason why Dry January participants can't join in Tryanuary too!"

Already, Llandow-based Tomas & Lilford Brewery (pictured above) have played host to a local CAMRA branch meeting and Aberystwyth's

Bottle & Barrel have had a 'meet the brewer' night with Cardiff's Rival Brewery and although the month is almost over, there's plenty more going on in the area.

Bridgend-based Wales Ales, the country's only hand delivered beer service, has a number of special deals available on their website. They specialise in stocking beers from small Welsh micro breweries and bring the beers to your door.

The Ale Trail is essentially a bus-based beer festival taking you around a number of pubs you might not normally go to.

The good news is that they are set to do yet another Vale of Glamorgan Trail on April 4 and are offering an early bird Tryanuary discount.

Dog's Window Brewery are based in Bridgend and operate out of a garage, but are proving small is mighty and are gaining an enviable reputation for quality and interesting beers. They've embraced Tryanuary by releasing a number of new beers such as a Black Rice ale, Vienna Session IPA and a Raspberry wheat beer.

Wargaming show storming into Penarth

THE Penarth and District Wargames Society is organising its annual show, entitled 'Crusade' and the society says that it is the largest of its type staged anywhere in Wales.

This year's show is the 25th and will again take place at St Cyres School, Penarth, on Saturday, January 25. Enthusiasts are expected from all over the UK.

A club spokesman said: "The society is the oldest and most active wargame society in Wales and includes players of different types and periods of games. These range from Ancients to Modern and Ultra Modern, as well as Fantasy and Science Fiction.

"The scales used also vary considerably with figures ranging in height from 2mm to 40mm.

"The club's activities also include role-playing games such as Dungeons and Dragons, where the player has

direct control over miniature character's actions, and numerous board games such as Carcassonne, Risk and Mysterium, plus numerous card-based games."

He continued: "The society is a friendly welcoming club to both experienced or novice gamers. The club meets weekly, every Tuesday at the Glyndwr Hall, Glyndwr Road in Penarth from 7.15pm and also all day on the first Saturday of each month at Glyndwr Hall from 10am.

"We also have an all day meeting at Llancaich Fawr Manor in Nelson, usually on the third Sunday each month. In addition, we travel to a number of other shows around the UK with a display game to promote the club and socialise with other parts of the wargaming community."

For more information, go to www.penarthwargames.co.uk.

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<p>Tuesdays 8.00am, 10.00am, 12.00pm, 3.30pm, 5.30pm, 7.30pm Sarn & Brynawlis Social Club, Brynawlis Road, Sarn Scott 07498 780419</p>	<p>Saturdays 8am and 10am All Saints Church Hall, Victoria Square, Penarth Julia - 07718 284171</p>

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Events in your area

Macmillan information bus is coming to Bridgend

FREE cancer information and support is coming to Bridgend next week.

Macmillan Cancer Support's information bus Bronwen will visit with specialists on hand to answer questions and provide information.

It will be at Tesco, Cowbridge Road on Thursday, January 23 from 9am to 3pm and on Victoria Street in Pontycymer on Friday, January 24 between 9am and 3pm.

Anyone with worries relating to cancer can stop by, whether they're living with cancer, or caring for someone who is.

There will also be help with the financial impact of cancer and a private room for sensitive and private conversations with staff. If you are unable to visit the unit, but have questions about cancer, visit www.macmillan.org.uk or call Macmillan free on 0800 808 00 00 (seven days a week, 8am to 8pm). You can find out about Macmillan services near you at: www.macmillan.org.uk/in-your-area/choose-location.html.

Art Society

ON Thursday, January 23 there will be a watercolour demonstration by Llantwit

Major artist Peter Cronin at Cowbridge Art Society.

On Thursday, January 30, a demonstration in acrylics by Cowbridge artist Sue McDonagh.

The society meets in the Old Hall from 7pm-9pm on Thursday evenings for 10 sessions each term. New members and visitors are welcome. This term's programme is available in the foyer of the Old Hall, Cowbridge or see facebook.com/cowbridgeart.sas.

PACT meetings in the Vale

WHY not come along to Gibbonsdown 'Cuppa with a Copper' held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon?

Meet your local officers on Thursday, January 23 at The Civic Offices, Holton Road, Barry at 6.30pm.

Cuppa with a Copper at Penarth Library on Thursday, January 23 at 10.30am.

A Police Surgery will be held at Altantic College (next to the food hall) on Thursday, January 30 between 5.30pm and 6.30pm.

A Deaf PACT Meeting will be held on Monday, February 24 between 6pm and

7.30pm at the Emergency Services Centre, Barry Fire Station, Barry.

Dyfan PACT will be held at the Barry Fire Station, Port Road West, Barry on Monday, March 2 at 7pm at Barry Fire Station.

Chatty Café

JOIN the Chatty Cafe, a friendly natter over a cup of tea, at Llantwit Major library on Saturday, January 25 from 11.30am to 12.30am.

Cowbridge U3A

INTERESTED in joining? Come and meet committee members for a friendly chat over coffee from 11am on Monday, January 27 in the Bear Hotel, Cowbridge.

Music at Lunchtime

CONCERTS at All Saints' Church, Penarth start on Monday, January 27 with a recital by violinist Helena Todd and piano soloist Nicola Rose.

Starting at 1pm; entry free, but donations to be shared with performers' charity. See dafydd.allsaits@gmail.com.

Pupils map the route to a better future



Albert Primary School pupils use their local knowledge to produce the user-friendly maps.

YEAR 5 pupils of Albert Primary School, Penarth took part in a new project with the sustainable transport charity Sustrans, and the Vale Council to identify good quality walking and cycling routes in the area with the aim of producing an Active Travel Map for Penarth.

The maps will be developed by

the children to encourage more walking and cycling to and from school. Traditionally, maps are created by non-local cartographers using digital information supplied by local authorities and other organisations and symbols in these maps may not be easily understood by children. The children re-shaped the maps by sharing their knowledge of the local area. They identified key local landmarks, local routes and cut-throughs, and developed a set of symbols and map key for the new map. Sustrans also held a parent engagement workshop at the end of the day, where families helped identify landmarks and as routes that they and their children use frequently. The bilingual Active Travel Map will be available to students, staff and parents free at the end of the project.

By The Albert Primary Media Monitors.

Celebrating Welsh Breakfast Week

Farming Matters by Rachel Saunders

THIS week marks the FUW's annual Farmhouse Breakfast week and across the country, many have already opened their kitchens and have come together in village halls to celebrate the fantastic food farmers produce every day.

It really is a flagship week for why #FarmingMatters. Sitting around a table with family, friends, neighbours and colleagues to share what's on your mind over a cup of tea or coffee – what better way is there to start the day?

On Tuesday, we started the day with a breakfast in Cardiff together with many industry stakeholders and politicians. It was a morning with Wales on a plate. Sausages from Welshpool; eggs from Aberdare; yoghurts from Llanefydd; potatoes from Pembrokeshire; Welsh beef from Celtic Pride's farm suppliers; milk and butter from Carmarthenshire and jam from the Llyn Peninsula.

We used the opportunity to talk to the many Assembly Members who joined us about a new way forward, fitting for a new year and a new decade.

One that benefits all of Wales, our countryside and our coasts as well as our cities. A partnership deal based on commitment, support and sustainability. This great industry knows a lot about all three qualities.

Our rich network of family farms supports and fuels local communities, primes the circular economy and protects and nourishes our special Welsh culture and identity. We made it clear – our farmers look after our precious landscape for local people and visitors to enjoy every day of the year.

Our grass-based, rain refreshed, livestock production system is one of the world's most sustainable. Our farmers harness, encourage, replenish and replace the planet's natural resources. Our ewes, lambs and cattle are raised with the highest welfare standards.

We work with nature; we produce in harmony with the planet. This honest way of providing



wholesome food must not be spoken of in the same breath as those intensive farming empires in other parts of the world that readily pillage the environment for profit.

However, sustainability is not just about our industry's positive contributions to the environmental necessity of combatting climate change.

We have new opportunities to build a wider, deeper sustainability around the way we live and work, to make a long-lasting, positive change to current and future generations of Welsh citizens.

This, among many other things, we will continue to work towards.

By working together we will climb above the noise; promote our timeless story, our way of producing and our farming champions and continue to highlight just why #FarmingMatters.

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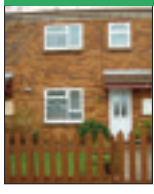
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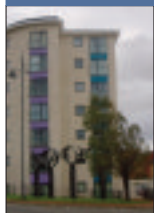
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Andy

Funeral service on Friday, 31st January 2020 at Coychurch Crematorium at 10.30am.
All enquiries to W.H. Preece & Son, Mwyndy, Pontyclun, CF72 8PN. Tel: 01443 223368

YOUNG**Jacquelyn Margaret (Jacky) (née James)**

Died peacefully at home on 14 January 2020, aged 72 years. Sorely missed wife of John and mother of Simon and Jacob.
Private cremation followed by a celebration of a life well lived at St Mary's Church, Shrewton on Thursday, 6th February 2020 at 12 noon. Please wear bright colours. Donations, if desired, for the Injured Jockeys Fund and/or Macmillan c/o I N Newman Ltd, 55 Winchester St, Salisbury, SP1 1HL. Tel: 01722 413136

BRIERLEY
Philip Edmund

Passed away peacefully on Sunday, 12th January with his family beside him. He will be greatly missed but his life will be celebrated with a short service, as he would have wished.
Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Monday, 3rd February, service and cremation 11am at Cardiff and Glamorgan Crematorium, Barry.
No flowers by request. Donations, if desired, to Diabetes UK would be welcomed c/o the funeral director.
Grateful thanks to nursing staff at Sam Davies Ward and Solace Team.

FRANKLIN
Colin

Colin passed peacefully at home on 7th January 2020. Beloved husband of the late Regina, loving father of Paul and Diane, and proud grandfather to Max and Sam.
Colin will be sadly missed by all of his family and friends.
Resting at W.A. Brown Funeralcare, Llantwit Major until the service at Coychurch Crematorium on Tuesday, 28th January at 3.15pm.
Family flowers only. Donations in memory of Colin will gratefully received to Marie Curie.

PORTER
Desmond William (Des)

Peacefully on 12th January at Marie Curie Hospice, Penarth, Des, well known for his time at South Wales Electricity, St Mellons and devoted husband to Sandra. Much loved dad of Jonathan, respected father-in-law of Mandy.
An adored granddad to Bethan.
Des will be dearly missed by all who knew and loved him.
Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until his service at Cardiff & Glamorgan Crematorium, Barry on Friday, 31st January at 4pm.
Family floral tributes only. Donations, if desired, may be made at the service to support Marie Curie Hospice in memory of Des.
Family request casual clothing may be worn.

HUDSON
Gwendoline Lilian (née Clemo)

Suddenly and unexpectedly at College Fields Nursing Home on 10th January, Gwen aged 97 years, passed away. Beloved wife of the late Arthur John and a much loved and treasured mother to Yvonne and Frank and in laws Des and Gill. Precious nanna to all her grandchildren and great-grandchildren.
We will miss her unconditional love and support forever.
Resting at Robert D Johnson Funeral Directors, 29 Holton Road, Barry. A funeral service to celebrate Gwen's life will be held on Thursday, 30th January at 12 noon at the Cardiff & Vale Crematorium, Port Road, Barry. Family flowers only by request please, donations in memory of Gwen can be made at the service to the PDSA.
For all enquiries please telephone 01446 733844.

MORGAN
Ronald

9th June 1942 - 2nd January 2020.
Sadly passed away at home. Beloved husband of Sue. Loving dad of Claire and son-in-law Ian. Cherished Bampi to Mason and Fraser. Wonderful brother to Eleanor, Betty, Sandra, Trevor, Stuart and the late Sidney.
Ronald will be sadly missed by all his family and friends.
He will live on forever in our hearts.
Resting at A.G. Adams Funeralcare until the service on Wednesday, 29th January at 10am at Cardiff and Glamorgan Crematorium, Barry.

NUTLEY**Barbara Jean (Babs)**

Barbara sadly passed away on 28th December 2019 peacefully at home in Barry (formerly of Rhose and RAF St Athan). Beloved wife of the late John, loving mother to Amelia (Amy), Dianne and the late Louis, mother-in-law to David and Gary and much loved grandmother to Rebecca, Kyle, Gary and Laura.
Service to be held on Tuesday, 28th January at St Mary of the Angels RC Church, Canton at 1pm with the committal at Briwiant Chapel, Thornhill Crematorium at 3pm. Family flowers only, donations in lieu, if desired, to Bloodwise.

SULLIVAN**Lilian Mary (Lily)**

Peacefully on the 10th January at the University Hospital of Wales, Lily, beloved wife of the late Jimmy Sullivan. Dearly loved mum of Tina, Michael, Mark, Kerry, Debbie and the late Tony. Loving mother-in-law of Richard and the late Tony. Cherished Nanny Lil to all her Grandchildren and Great grandchildren.
Lily will be greatly missed by all who loved and knew her.
Further details to follow.

BYWATER
John Leslie

Peacefully on 10th January at the Princess of Wales Hospital, John, aged 86 years, of Colwynston. Dearly loved husband of Eileen, proud father of Jonathan, David, Susan and Victoria and a loving grandfather of all his grandchildren.
Funeral Thursday, 6th February. Service and cremation at Coychurch Crematorium, Bridgend at 11am.
Family flowers only, donations in lieu may be made to the Army Benevolent Fund (ABF) The Soldiers Charity c/o Mel & Ron Watkins Funeral Services, 2 Hilda House, The Square, Pencoeed, Bridgend, CF35 5NP. Tel 01656 860545.

PHILLIPS
June Patricia

Peacefully on 8th January, at Milsom House Care Home, June of Cowbridge. Beloved wife of the late Graham, loving mother of Richard and Emlyn John, dear mother-in-law of Frederique and much loved grandmother of Juliette and Camille.
Will be sadly missed by all her family and friends.
Funeral Friday, 7th February, service and cremation at Coychurch Crematorium, Bridgend at 2.15pm.
Family flowers only. Donations, if so desired, please for Alzheimer's Society c/o W.H. Preece & Son, Mwyndy, Pontyclun CF72 8PN Tel: 01443 223368

WESTERN
William James (Billy)

Sadly passed away on Friday, 3rd January, aged 87 years. Devoted and caring husband to Cassie, beloved father of Janice, partner Stephen and much loved grandfather to Kathryn. A loving brother to Len and brother-in-law to Sue. And a loving brother to his late sisters.
He will be missed by all who knew and loved him.
Resting at Park Funeral Directors until the service on Wednesday, 29th January at 1pm at Cardiff and Glamorgan Crematorium, Port Road, Barry. Family flowers only. Donations in lieu if desired can be made to Prostate Cancer or the British Heart Foundation.
The family of William James Western (Billy) would like to thank the people that stopped to help us on Friday, 3rd January on Court Road, Barry.
Thank you for all you did for us that day, the family really appreciate it. Janice and Family.

SWALLOW
Doreen May

Sadly passed away at The University Hospital of Wales on 5th January, Doreen, beloved wife of the late Lionel, much loved mum of Pat and the late Mary, mother-in-law to the late Mike. Loving grandmother of Andrew and his wife Tracey also to Leslie, great-grandmother and great-great grandmother to all her grandchildren.
Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until her service at St Helen's RC Church, Barry on Friday, 24th January at 1.15pm, followed by interment at Barry Cemetery.
Floral tributes may be sent to the funeral home.

BRITTEN
Peter John

Peacefully on 13th January at Llandough Hospital, surrounded by his family, Peter passed away aged 90 years. Beloved husband of Amy, much loved father, grandfather and great-grandfather.
Resting at A.G. Adams Funeralcare, Barry, until the service on Monday, 3rd February at A.G. Adams Service Chapel at 11am, followed by committal at Cardiff and Glamorgan Crematorium, Port Road, Barry.
Family flowers only by request but donations in lieu can be made to the British Heart Foundation at the service.

BANFIELD
Joy Elizabeth

Sadly after a short illness aged 58 years, Joy passed away at UHW, Cardiff. Beloved daughter of the late Ken and Brenda, much loved sister of Julie and Steve, and auntie to Ryan, Jack, Max, and Mitchell.
Resting at A.G. Adams Funeralcare, Barry, until the service on Friday, 31st January at All Saints Church at 1pm, followed by burial at Barry Cemetery.
No flowers by request but donations in lieu of flowers can be made at the service to Dogs Trust.

NUGENT
Cynthia Margaret

On 10th January at the Heath Hospital, Cardiff Cynthia of Lydstep Road, Barry passed away peacefully in her sleep.
Resting at Park Funeral Directors until the Funeral Service on Monday, 27th January at 1pm at Merthyr Dyfan Church, Barry Cemetery, followed by committal.

HEATH
Philip James

Peacefully on 12th January at College Fields Nursing Home, Barry. Beloved husband of Kay, much loved father of Richard (Ted) and Jan, father-in-law of Jeff and Carolyn. Dearly loved stepfather, grandfather and great-grandfather.
Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Thursday, 30th January, service and cremation 11am at Cardiff & Glamorgan Crematorium, Barry. Family flowers only. Donations, if desired, to Children's Wales Air Ambulance c/o the funeral director.

PRICE
Roydon Philip

Peacefully on the 9th January 2020 at The Manor House Nursing Home St. Hilary. Beloved husband of Beryl, father of Ralph and Rachel, father-in-law of Tak and Byron and much loved Grampy of Alisha, Thomas, Justin, Alex, Callum and Aaron.
Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Friday, 31st January 2020 service and interment 2pm at St. Hilary Church.
Family flowers only. Donations, if desired, to Oral Maxillo-facial Department UHW c/o W. James & Sons, Fommon.
Grateful thanks to Dr. Isabel Graham, The Manor House Nursing Home St. Hilary and the Oral Maxillo-facial Department at UHW for all the kindness and care he received.

QUICK
Peter

Passed peacefully on 10th January at Barry Hospital. Devoted son of Barbara and the late Bob. Loving brother of Steven, Margaret and Angela.
Peter will be deeply missed by all who knew and loved him.

QUICK
Peter

Peacefully at Barry Community Hospital on 10th January, Peter, devoted husband of Pat and much loved stepdad to Janine and David, Tracy, Gareth, Myfanwy and Kevin. Loving Bampy of Cerys & Adam, Lauren, Joshua, Euan, Dylan, Kourtney and Eva-Brook.
He will be greatly missed by all who knew and loved him.
Peter is resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until his service at Cardiff & Glamorgan Crematorium, Barry on Wednesday, 29th January at 11am
No Flowers by request. Donations, if desired, may be made at the service to support St Barnuc Ward at Barry Community Hospital in memory of Peter.

GORDON
Eirlys

Peacefully on 6th January at St Athan. Loving mother of Kevin, Peter, Gary and Denise, mother-in-law of Sue, Paul and Connie. Much loved grandmother and great-grandmother.
Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Thursday, 6th February, service and cremation 12 noon at Coychurch Crematorium, Bridgend.

GULLY
Philip

Passed away peacefully at College Fields Nursing Home on 11th January 2020, aged 88 years.
Loving Husband to the late Brenda, loving Father to Glyn and loved Father-in-law to Fran. Adored Grandfather to Beth and Alex. Adored Great-Grandfather to Harley.
Will be sadly missed by all who knew and loved him.
Resting at Park Funeral Directors until the Funeral service on Friday 24th January at the Luchana Mission, Hilary Rise Barry at 11am, followed by the interment at Barry Cemetery at 12pm.
Family flowers only. Donations in lieu, if desired, can be made at the service given in memory of Philip to The Dogs Trust.

Acknowledgements

VAL
CROYDON

The family would like to thank everyone who supported them during this sad time, your kindness has been overwhelming.
Roy would be so proud.

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Public Notice

GORCHYMYN CYNGOR BRO MORGANNWG (GWAHARDD A CHYFYNGU AR FANNAU AROS A LLWYTHO A PHARCIO) (GORFODI SIFIL) (DIWYGIAD) (RHIF 8) 2019

1. Hysbysir ar 20 Ionawr 2020 fod Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Ddeddf Rheoleiddio Traffig 1984 a Ddeddf Rheoli Traffig 2004 a'r holl bwerau galluogi eraill, yn cynnig gwneud Gorchymyn a fydd yn gwaredu'r mannau parcio i bobl anabl yn y lleoliadau a nodir yn Atodlenni 1 a 2 a gosod mannau parcio i bobl anabl yn y lleoliadau a nodir yn Atodlen 3 isod.
2. Bydd y Gorchymyn yn dod i rym ar 27 Ionawr 2020 neu ar y dyddiadau y mae'r arwyddion a'r marciau ffordd yn eu lle neu'n cael eu gwaredu, p'un bynnag sydd hwyraf ac fe'i gelwir yn "Gorchymyn Cyngor Bro Morgannwg (Gwahardd a Chyfyngu ar Fannau Aros a Llwytho a Mannau Parcio) (Gorfodi Sifil) (Diwygiad) (Rhif 8) 2019".
3. Gellir gweld copi o'r Gorchymyn ynghyd â chynlluniau sy'n dangos yr ardaloedd yr effeithir arnynt yn y cyfeiriad isod yn ystod oriau swyddfa arferol.
4. Os dymunwch gwestiynu dilysrwydd y Gorchymyn neu unrhyw ddarpariaethau ynddo ar y sail nad yw'n unol â'r pwerau a ddysfarnwyd gan y Ddeddf uchod neu ar y sail na chydymfurfirwyd ag unrhyw un o ofynion y Ddeddf, neu unrhyw offeryn a wnaed dan y Ddeddf mewn perthynas â'r Gorchymyn, gallwch, o fewn chwe wythnos wedi 27 Ionawr 2020 wneud cais i'r Uchel Lys at y diben hwn.

Diwygir y Gorchymyn Rheoleiddio Traffig canlynol fel a ganlyn:
Gorchymyn Cyngor Bro Morgannwg (Gwahardd a Chyfyngu ar Fannau Aros a Llwytho a Pharcio) (Gorfodi Sifil) 2013

ATODLEN 1

Cynnig i Waredu Mannau Parcio i Bobl Anabl

Jenner Road, y Barri (67) AW50

Ar ochr y de-ddwyrain, o'r ffin rhwng rhifau eiddo 65 a 67, tua'r de-orllewin am 6.6 metr.

Wenvoe Terrace, y Barri (37) AW50

Ar ochr y gogledd-orllewin, o'r ffin rhwng rhifau eiddo 36 a 37, tua'r gogledd-ddwyrain am 6.2 metr.

Windsor Road, Penarth (164) AH63

Ar ochr y de-orllewin o bwynt 39 metr i'r dde-ddwyrain o'r gyffordd ag Andrew Road tua'r de-ddwyrain 5 metr.

ATODLEN 2

Penderfyniad arfaethedig i ddileu'r Man Parcio i Bobl Anabl presennol gan greu man Aros Cyfyngedig, dydd Llun i ddydd Sadwrn, 8am tan 6pm, 2 awr dim dychwelyd o fewn 2 awr, ac eithrio Deiliad Trwydded i Breswylwyr

Lower Morel Street, y Barri (13) AV53

Ar ochr y de-orllewin, o'r ffin rhwng rhifau eiddo 13 a 15, tua'r de-ddwyrain am 5.1 metr.

Newlands Street, y Barri (39) AV52

Ar ochr y gogledd-ddwyrain o'r ffin rhwng rhifau eiddo 39 a 40 tua'r gorllewin am 6 metr.

ATODLEN 3

Mannau Parcio Arfaethedig i Bobl Anabl

Jenner Road, y Barri (65) AW50

Ar ochr y de-ddwyrain, o'r ffin rhwng rhifau eiddo 63 a 65 tua'r de-orllewin am 6 metr.

Maes y Cwm Street, y Barri (59) AU52

Ar ochr y de-orllewin, o'r ffin rhwng rhifau eiddo 59 a 61, tua'r de-orllewin am 5.3 metr.

Oxford Street, y Barri (Coedceri) AY48

Ar ochr y gogledd-orllewin, o'r ffin rhwng Coedceri a Llanwendy tua'r gogledd-ddwyrain am 6 metr.

Palmerston Road, y Barri (15) AT55

Ar ochr y gorllewin, o'r ffin rhwng rhifau eiddo 13 a 15 tua'r gogledd am 5 metr.

Pardoe Crescent, y Barri (28) AU51

Ar ochr y gogledd-orllewin o bwynt 5 metr i'r de-orllewin o'r ffin rhwng rhifau eiddo 26 a 28 tua'r de-orllewin am 3.6 metr.

Porthkerry Road, y Barri (30) AX49

Ar ochr y de-ddwyrain, o'r ffin rhwng rhifau eiddo 30 a 32 tua'r de-orllewin am 6.2 metr.

Tydfil Street, y Barri (7) AU53

Ar ochr y de-orllewin, o'r ffin rhwng rhifau eiddo 7 a 9 tua'r de-ddwyrain am 6.6 metr.

Grove Place, Penarth (23) AK64

Ar ochr y de-ddwyrain, o'r ffin rhwng rhifau eiddo 21 a 23 tua'r gogledd-ddwyrain am 5.5 metr.

Paget Road, Penarth (31) AI64

Ar ochr y de-ddwyrain, o'r ffin rhwng rhifau eiddo 31 a 32 tua'r gogledd-ddwyrain am 6.6 metr.

Dyddiedig 23 Ionawr 2020
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg, Depo'r Alpau,
Gwenfô CF5 6AA



THE VALE OF GLAMORGAN COUNCIL (PROHIBITION AND RESTRICTION OF WAITING AND LOADING AND PARKING PLACES) (CIVIL ENFORCEMENT) (AMENDMENT) (NO 8) ORDER 2019

1. On the 20th January 2020 The Vale of Glamorgan Council in exercise of its powers under the Road Traffic Regulation Act 1984 and the Traffic Management Act 2004 and all other enabling powers made an Order to remove the disabled persons parking places at the locations specified in Schedules 1 and 2 and install disabled persons parking places at the locations specified in Schedule 3 below.
2. The Order will come into operation on 27th January 2020 or on the dates that the signs and road markings are removed or installed whichever is the later and be known as the "Vale of Glamorgan Council (Prohibition and Restriction of Waiting and Loading and Parking Places) (Civil Enforcement) (Amendment) (No 8) Order 2019".
3. A copy of the Order and plans showing the affected areas may be seen at the address shown below during normal office hours.
4. If you wish to question the validity of the Order or any provisions contained therein on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks from the 27th January 2020 apply to the High Court for this purpose.

The following Traffic Regulation Order is to be amended as follows:
Vale of Glamorgan Council (Prohibition and Restriction of Waiting and Loading and Parking Places) (Civil Enforcement) Order 2013

SCHEDULE 1

Proposed Removal of Disabled Persons Parking Places

Jenner Road, Barry (67) AW50

On the south east side from the common boundary of property numbers 65 and 67 in a south westerly direction for a distance of 6.6 metres.

Wenvoe Terrace, Barry (37) AW50

On the north west side from the common boundary of property numbers 36 and 37 in a north easterly direction for a distance of 6.2 metres.

Windsor Road, Penarth (164) AH63

On the south west side from a point 39 metres south east from the junction with Andrew Road in a south easterly direction for a distance of 5 metres.

SCHEDULE 2

Proposed revocation of the existing Disabled Persons Parking Place and replace with Limited Waiting Monday to Saturday 8am until 6pm 2 hours no return within 2 hours except Resident Permit Holders

Lower Morel Street, Barry (13) AV53

On the south west side from the common boundary of property numbers 13 and 15 in a south easterly direction for a distance of 5.1 metres.

Newlands Street, Barry (39) AV52

On the north east side from the common boundary of property numbers 39 and 40 in a north westerly direction for a distance of 6 metres.

SCHEDULE 3

Proposed Disabled Persons Parking Places

Jenner Road, Barry (65) AW50

On the south east side from the common boundary of property numbers 63 and 65 in a south westerly direction for a distance of 6 metres.

Maes y Cwm Street, Barry (59) AU52

On the north west side from the common boundary of property numbers 59 and 61 in a south westerly direction for a distance of 5.3 metres.

Oxford Street, Barry (Coedceri) AY48

On the north west side from the common boundary of properties Coedceri and Llanwendy in a north easterly direction for a distance of 6 metres.

Palmerston Road, Barry (15) AT55

On the west side from the common boundary of property numbers 13 and 15 in a northerly direction for a distance of 5 metres.

Pardoe Crescent, Barry (28) AU51

On the north west from a point 5 metres south west of the common boundary of property numbers 26 and 28 in a south westerly direction for a distance of 3.6 metres.

Porthkerry Road, Barry (30) AX49

On the south east side from the common boundary of property numbers 30 and 32 in a south westerly direction for a distance of 6.2 metres.

Tydfil Street, Barry (7) AU53

On the south west side from the common boundary of property numbers 7 and 9 in a

south easterly direction for a distance of 6.6 metres.

Grove Place, Penarth (23) AK64

On the south east side from the common boundary of property numbers 21 and 23 in a north easterly direction for a distance of 5.5 metres.

Paget Road, Penarth (31) AI64

On the south east side from the common boundary of property numbers 31 and 32 in a north easterly direction for a distance of 6.6 metres.

Dated this 23rd day of January 2020
Director of Environment & Housing
Vale of Glamorgan Council, Alps Depot,
Wenvoe CF5 6AA



Help prevent the spread of 'flu' this winter

WITH influenza now circulating in Wales, parents are being urged to make sure their children are protected as figures show 38,185 young people aged two or three have yet to get their 'flu' vaccine this winter.

Children are vulnerable to flu and its complications, and those who were aged two or three on August 31, 2019 are eligible to get their annual nasal spray flu vaccine free.

Dr Richard Roberts, head of the Vaccine Preventable Disease programme at Public Health Wales said: "Children are 'super-spreaders', so protecting them helps protect those around them too. If your child was aged two or three on August 31, 2019 and they haven't had their vaccine yet, speak to your GP today as it's not too late to get them protected."

There have been 1,350 confirmed cases of flu since October 1, 2019; 98% of these cases have been Influenza A and the other 2% Influenza B. Confirmed cases represent a very small proportion of the total cases in the community, as flu affects around one in 10 of the population each year. Flu spreads via droplets sprayed into the air when an infected person coughs or sneezes. Direct contact with contaminated hands or surfaces can also spread infection rapidly.

Dr Roberts added: "Children are 'super-spreaders', so people with flu tend to become ill quite quickly and symptoms can include fever, chills, headaches and aching muscles, often with a cough and sore throat. If you think you have flu, drink plenty of fluids, take paracetamol or ibuprofen and avoid contact with vulnerable individuals while you are unwell. Most people do not need to visit their GP surgery, but

if you are in a risk group and think you have flu, you should talk to your GP or community pharmacist as soon as possible.

"It's also important to reduce the risk of spreading flu, so always:

"Catch it – catch your sneeze in a tissue;

"Bin it – put your tissue straight in the bin;

"Kill it – clean your hands as soon as possible.

"Make sure you clean hard surfaces regularly and avoid contact with others while you are unwell, especially if they are in a high-risk group. If you feel unwell or have flu-like symptoms, please do not visit healthcare facilities. Some people are more vulnerable to infection – don't put their health at risk. If you think you might have flu check your symptoms using the NHS Direct Wales symptom checker and to find out who is eligible for a free flu vaccine visit www.beatflu.org.

Aberavon Quins fight back against Porthcawl



LEFT: Leon McNally is on the charge for Porthcawl. RIGHT: Porthcawl's Kyle Galtry makes a tackle. (Photographs by Tracey Williams).

MAKE no mistake, this was a clash of huge relevance with so much resting on the result, as Porthcawl were at home to Aberavon Quins.

In the end, it was the Quins who prevailed, derailing the Seaweeds' slender 9-6 lead going into the final five minutes of the match after a titanic clash worthy of the top of the division.

As to be expected, the clash of two good packs, with the visitors holding a slight weight advantage, together with two back divisions intent on playing rugby, made for a nail-biting encounter.

As the match progressed, it was an expectedly tight affair with the visitors showing their intent but coming up against Porthcawl's vaunted miserly defence.

The first half actually saw Porthcawl edge it on balance. However, it was Quins who went into the lead with a penalty after 32 minutes.

Skipper Leon MacNally is having a good season and it was his fine line-out catch and the subsequent drive that set up the position for Josh White to level at 3-3 with a 22-metre penalty.

With both sides unrelenting in their efforts to put points on the board, the Quins had the better of it just before the break as they mounted drive after drive, only for the Seaweeds' rock-like defence to keep them at bay as the whistle sounded to end an engaging half.

The home side needed to start the second spell well and slowly but surely, Porthcawl began to build pressure with some useful possession and the Quins were struggling to leave their own half, as White's boot kept sending them back deep into their own territory.

This paid off as from 42 metres out, White struck a superb penalty as the Quins indiscipline yielded a chance to take the lead by 6-3, and minutes later White's third successful penalty made it 9-3, with the pendulum, at least for now, swinging Porthcawl's way.

With centre Sean Wilcox proving a hard running thorn in the Quins' side, often taking three tacklers to stop him moving, it seemed that Porthcawl would continue to drain the effort from the visitors, but going into the closing stages of the match, it turned when a penalty downfield pushed the Seaweeds back into their own territory, with the lineout then preceding a scrum deep in Porthcawl's 22.

A high tackle by the home side in desperate defence, allowed the Quins the chance to reduce the margin to just three with a penalty for 9-6 and a frenetic finish was now the only game in town.

Another lineout for the Quins as they pressed hard close to Porthcawl's 22 was stolen by flanker Louis Protheroe, a feat he performed for Porthcawl through the afternoon to frustrate the Quins but then the match changed as White received a yellow card for a transgression and this seemed to spur the opposition.

A scrum deep in the home 22 saw the Quins get the pressure on and as it collapsed the referee blew for a penalty try to Quins, the seven points turning the score round at 9-13 with just minutes remaining.

It was now all Porthcawl as they piled on wave after wave of attack, with centre Gareth Rees almost breaking the tackle for what would have been the crucial score, only to be halted short.

Porthcawl remain in third spot and will want to get back to winning ways with a visit to meet Bridgend Sports at the Bandstand Field on Saturday.

Report by Paul Fielding

Playing tennis beats the gym when it comes to your long-term health

PLAYING tennis could beat going to the gym when it comes to warding-off muscle and bone problems later in life, according to a groundbreaking new study.

So-called 'Musculoskeletal' problems are a major issue in the UK, with 1 in 4 of the adult population affected.

They include issues like joint pain from osteoarthritis, bones weakened by osteoporosis as well as the muscle-wasting condition sarcopenia.

But now a new study by experts at Liverpool Hope University say there could be a simple method of preventing musculoskeletal conditions, particularly among those aged 50 and over - and that's playing tennis.

Sports and Exercise scientist Dr Matthew Jackson compared two healthy groups - one who played tennis regularly and another who got their NHS-recommended 150 minutes of exercise per week through activities like running, cycling and going to the gym.

And Dr Jackson, an exercise physiologist, says the tennis players enjoyed 'significantly greater' musculoskeletal health compared with the regular 'keep fit' group.

He writes: "The findings suggest tennis is an excellent activity mode to promote musculoskeletal health and should therefore be more frequently recommended as a viable alternative to existing physical activity guidelines."

According to the NHS, around 9.6 million adults and 12,000 children in the UK suffer from one of the many musculoskeletal issues.

It's also a huge drain on the NHS, accounting for almost a third - 30 per cent - of all GP consultations.

But Dr Jackson says a simple change of sport could alter the landscape of musculoskeletal health in Britain.

The study, just published in the journal Sports Health, involved

90 participants - 43 tennis players and 47 regular exercisers - aged between 18 and 65.

Their 'musculoskeletal function' was measured through a series of tests that analysed body composition, upper body strength, lower body strength and muscle fatigue.

It also analysed aerobic endurance and cardiovascular fitness through 'VO2 max' oxygen uptake.

And the tennis players not only enjoyed a more favourable BMI when compared with the gym-goers - they also displayed better upper body and lower extremity function than those not used to holding a racket.

Dr Jackson, based at Liverpool Hope University's state-of-the-art School of Health Sciences, says there's something unique about tennis that makes it so beneficial.

He explains: "As we age, we lose muscle mass and we lose bone mineral density over time. It happens to all of us."

"But when you reach 50 years old, the process accelerates much quicker and we need to target and advise this demographic about the dangers."

"Lots of people are active in their younger years but by the time they reach their 40s, they're giving up and often go a decade or so without doing anything."

"And we want to get people in those age groups as active as possible to avoid things like osteoarthritis, osteoporosis and sarcopenia - as being inactive is likely to make you obese, which can exacerbate the symptoms of all three."

"Tennis is great as an all-round sport. It targets the cardiovascular system but also improves your muscle mass and you bone mineral density because it's a weight-bearing sport that incorporates aspects of power and strength."

"Equally important is the social aspect of playing tennis - and if you enjoy it, you're more likely to keep doing it."

Dr Jackson says muscle-wasting sarcopenia can be particularly debilitating, as patients lose the strength to perform their normal daily routine, activities like doing the weekly shop - and even bathing can become difficult.

But he says it is reversible - giving hope to many sufferers.

He says: "There's an assumption that you can't do anything with those suffering severe muscle loss in their later years. But sarcopenia is reversible."

"Older people are often wrapped in cotton wool but they're actually capable of doing much more than you'd think in terms of exercise."

The participants in the study all underwent testing at the School of Health Sciences laboratories at Liverpool Hope University over the course of around two-and-a-half hours.

Tests including things like handgrip strength - as a measure of overall upper body function - knee flex and extension ability, as well as running on a treadmill.

And after what's known as 'cluster analysis', tennis players outscored the general keep-fit group when it comes to 'upper extremity' and 'lower body' function, as well as having a lower BMI.

Dr Jackson adds: "There's a common misconception that tennis is for rich people. But it's really not expensive to be a member of your local tennis club."

"And, as a University, we're engaging with the Lawn Tennis Association (LTA) to get more facilities opened to the public for free."

"It's also important to note that the actual time spent exercising between the two study groups didn't differ significantly."

"But tennis is something you're likely to play for a little longer, with all the associated health gains."

Latest from Barry and District Clubs League

CRIB Division 1: Cadoxton Cons 8, Moors Boys 7; Wyndham Cons 7, Romilly Railway 8; West End 5, Liberals 10.

League points: Romilly Railway 101, Liberals 98, West End 98, Moors Boys 96, Rhooose Social 96, Cadoxton Cons 94, Wyndham Cons 92.

Skittles Division 1: Slammers 6, Liberals A 1; Liberals C 1, King William XII 6; Rhooose Social C 7, Barry Town Fc 0; Rugby Club 2, Barries Boys 5; West End D 6.5, Sea View Exiles 0.5; Rhooose Social A 1.5, Rhooosters 5.5; Cambrian Flyers 1.5, Allsorts 5.5; West End C 3, Rhooose Social B 4.

League points: West End D 73.0, Sea View Exiles 71.5, Rhooose Social C 70.5, King William XII 60.0, Rugby Club 59.5, Allsorts 57.5, Rhooose Social A 52.5, Barry Town Fc 51.5, Liberals C 49.0, Barries Boys 48.5, West End C 48.0, Slammers 46.5, Rhooosters 43.0, Rhooose Social B 38.5, Cambrian Flyers 32.5, Liberals A 31.0.

Snooker division 1: Harbour B 2, West End C 3; Penarth Cons B 2, Wyndham Cons A 3; Rhooose

Social C 2, Cadoxton Cons B 3; Penarth Cons A 3, Liberators 2; Cadoxton Cons Z 3, Savoy B 2.

League points: West End C 54, Harbour B 47, Savoy B 44, Cadoxton Cons B 39, Cadoxton Cons Z 39, Penarth Cons A 39, Wyndham Cons A 36, Rhooose Social C 26, Penarth Cons B 20, Rhooose Social B 18, *Liberators 13.

Snooker Division 2: Sully Sports A 2, Savoy C 3; Market Street B 3, Market Street A 2; West End A 2, Services Social B 3; Harbour A 1, Market Street C 4; West End B 1, Wyndham Cons D 4.

League points: Market Street C 46, Market Street A 43, Savoy C 41, Market Street B 40, Services Social B 39, West End A 35, Wyndham Cons D 34, Harbour A 32, Cadoxton Cons A 27, Sully Sports A 27, West End B 26.

* points deducted.
View all results and league tables at www.barryleagues.co.uk.

Tony Yates takes Skoda's Kamiq SE out for a spin

THE Skoda Kamiq SE 1.0 litre TSi was the subject of this week's motoring review, and here's what Tony Yates has to say about its performance:

Power and efficiency

MY test car was fitted with a 95PS 1.0-litre TSi petrol engine. Its performance is not mind-blowing, if I'm being honest, but it's still fun.

Right now you are thinking 'how on earth can a 1.0-litre engine move a vehicle of this size and turn any sort of speed? Well, firstly, that 1.0-litre engine does actually have a decent powerband which will propel it to a 0-62 time of around 11.1 seconds and a combined fuel consumption figure that will easily reach 44 mpg, if not a little higher. If you really are interested, the Kamiq will reach a top speed of around 112mph. It's not a sports car, but it's still pretty nippy for a 1.0-litre.

On the road

I'M very impressed by how the Kamiq dealt with the lumps and bumps on our roads.

Plus, into the corners, it also felt very controlled and steady – even when pushed to its limits. There were also no nasty surprises and nothing unexpected happened.

I want to talk about its exciting chassis – but I doubt you will care – as long as you feel safe and it's a lovely ride. I'm happy to report it's all of those things all rolled up into one perfect package. You can read all the glossy magazines you want – but the proof is when you get your new car out on the open road with three children and a boot full of bags. Only after many hours of driving will you understand the difference between a car that's good and one that's pretty epic.



Tony Yates put the Skoda Kamiq SE – 1.0 TSi 95PS through its paces recently.

Safety and technology

ON the inside, the new Kamiq looks great and Skoda has done a lovely job of making it appealing, plus the Kamiq stands out, thanks to a nicely trimmed cabin which feels well put together.

Rear legroom is also massive, thanks to the excellent rear seat configuration. The Kamiq will easily accommodate five people or a large family with ease and as many suitcases and bags as you can cram in.

The level of standard equipment on the SE version I tested had: automatic dimming rear view mirror, Bolero radio with 8"

touchscreen display, cruise control, eight audio speakers, front assist, hill hold control, lane assist, LED headlights, light and rain sensors, rear parking sensors, side airbags in front with curtain airbags and Smartlink, plus lots more technology and a whole raft of safety features to keep you protected while out on the open road.

In summary

THE Kamiq is perfect for anyone looking for a family vehicle that looks exceptional, has many safety features and some very clever technology. Price: £23,295 (as tested) including options.





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A thrilling draw as Tondy Youth take on Lougher



Tondy Youth – Ifan Hunnam races away to score.

TONDU Youth went into this weekend with confidence having won their past two games against Kenfig Hill and Gowerton, but the Wheelers knew Lougher would be a tough test.

There was a positive start for Tondy as Ioan Billingham scored off the back of a driving maul, converted by Morgan Williams. Lougher responded and crashed

over to make the score 7-5. For Tondy, Lewis Hawkins was the next scorer, making it 12-5 and then Tom Painter carried well before releasing Morgan Boobyer, who offloaded to Ifan Hunnam who raced away to score. The try was converted by Morgan Williams, and it was 19-5 to Tondy.

Lougher were determined to stay in the game and they scored the first points of the second half, a converted try, making

it 19-12 to Tondy. The game went back and forth as both teams showed resilience, but Luke Smith was given some space on the wing and he dotted down in the corner to make it 24-12 to Tondy. Tondy then had two disallowed tries, which were to prove costly: they were forced to defend for the last 10 minutes before Lewis Hawkins was given a yellow card, and a few moments later Lougher scored. The game ended 24-24.

Close, but Tondy let chances slip in last 10 minutes



Tacklers double up on Matthew Davies (left) while Josh Tatchell sets up an attack, right. Photos by Gareth Anthony.

THERE was a bright start for Tondy in this decisive bottom of the table clash away at Brynamman, with crisp handling from the backs sending wing James Leopard over in the corner for an early try.

The home side responded though, with a splendid try of their own from No 8 Matthew Llewellyn 10 minutes later.

There was then a period of end to end rugby with both sides guilty of handling errors that meant the scoreboard stayed static until Rhys Williams slotted a late penalty for the home side to give them narrowest of half time leads.

Tondy levelled things early in the second period with a penalty by Josh Tatchell after a high tackle on scrum half Geraint Gillett.

Again, both sides had their chances to put a stranglehold on the game but the finishing was poor. However, midway through the second half a lineout near the Brynamman line saw the visitors take the ball on and then unleash their back line with devastating results allowing centre Matthew Davies to crash over for a splendid try, converted by Tatchell. The home side came back, knowing that defeat to leave them bottom of the table, and their pressure paid off when full back Liam Smith went on a solo run

from outside the 22 to score wide out.

It was a great effort but Tondy would have been disappointed with the missed tackles that allowed Smith to reach the line. Craig Jones slotted the conversion and we were again level at 15-all.

Now it was all to play for and evident that one score could be enough to clinch the valuable win as the game moved into the final 10 minutes.

It was the home side that got the breakthrough after being awarded a penalty in front of the posts, which Jones slotted with ease.

But even then Tondy had the chance to take something from the game, Tatchell hit the post with a penalty that he would normally consider bread and butter and a dropped pass with the line beckoning took us to the final whistle, and a disappointing end to a game that Tondy could have and should have won. They stay bottom of the table with back to back games against Glynneath to look forward to, starting with another away trip next Saturday. Tondy Seconds went down 26-17 at Ammanford, tries coming from Dan Thomas, Tom Harris and a try and conversion from Tom Vancleaner

Report by Mike Sully

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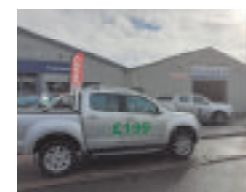
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Barrivale Bridge Club – the last fortnight's results

THE results for Barrivale Bridge Club on Tuesday, January 7 are as follows:

First, Mike Close and Mick Green 61.25 per cent; second, Denis Mottram and Noelle Bond 58.75; Peter Millar and Dave Thomas 57.92.

The handicap winners were Alan Rees and Richards.

Results from play on January 14:

First, Peter Millar and Adrian Trickey, 67.92%; second, Mark Roderick and Mick Green, 64.17; third, Mike Close and Mia Deschepper, 57.82%.

The handicap winners were Hilary Laurence and

Vivien Liles.

New members are welcomed and a partner may be arranged, if required. Call 01446 418380, 01446 733425, 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday evening.

The following are also available for beginners and improvers:

- Classes and assisted play at the Pioneer Hall Friday mornings, 10am – 12.30pm. (Doors open at 9.45am).

- Assisted play Thursday afternoons, 1.30pm – 4pm at the Barry Uniting Church, Heol y Llongau, Barry, CF63 4AP. **LH**

Barry and District Men's Skittles League round up

THE latest results from the Barry and District Men's Skittles League are as follows:

Division 1: Blue Monkey 272 (M Underdown 28), Billy Whizz 265 (S Coombs 27); Cavaliers 272 (M Treweek 29), Merryman 288 (A Pearce 30); Sea View 345 (A Elston 39), Park Lads 312 (M Whyman Jr 31); Willie Wombles 296 (J Parsons 33), Posties 285 (Morg Marks 28); British Rail 277 (L John 31), Bunker Boys 293 (C Jennings 30); 49ers 287 (R Bolt, B Hopkins 29), Geest 292 (P Hunt 30).

League points: Merryman 22, 49ers 20, Blue Monkey 14, Billy Whizz 14, Willie Wombles 14, Cavaliers 14, Bunker Boys 9, Park Lads 9, Sea View 8, Posties 6, British Rail 6, Geest 6.

Division 2: Barry Park B 259 (A Chick 26), Cannon Balls 256 (D Pike 27); Hairly Lemons 278 (J Birch 27), Tynny Lads 259 (D Sluman 33); Colcot Boys 266 (T Sherrin 27), Park Rangers 269 (S James, T Power 27); KP Rejects 328 (J Barrett 34), H Bells 344 (T Cole, B Crockford 35); Witchill

Poachers 353 (R Ashby 34), Castle Boys 353 (M Bond 37); Exiles 265 (E Collins 30), Mighty Dockers 270 (K Enticott 29).

League points: Cannon Balls 18, Mighty Dockers 18, H Bells 16, Tynny Lads 16, KP Rejects 14, Hairly Lemons 11, Park Rangers 11, Barry Park B 1, Colcot Boys 10, Witchill Poachers 9, Castle Boys 6, Exiles 2.

Division 3: Abercrete 257 (J Newton 28), Billy Flyers 267 (S Taylor, N Spear, D Everitt 26); Billy Bluebirds 253 (C Prangle, G Norris 26), Alternatives 268 (M Davies 27); Ex Servicemen 230 (A Kemp, R Williams, D Kuhnell 23), Cocoa Nuts 254 (S Evans 27); CUD 226 (B Williams 25), BP Breakaways 263 (P Gardner 29).

League points: Alternatives 16, Billy Bluebirds 14, Cocoa Nuts 12, Billy Flyers 12, Royalists 12, BP Breakaways 10, Ex Servicemen 10, Witchill Nomads 5, CUD 3, Abercrete 2.

View all results and league tables at www.barryleagues.co.uk.

JW

Barry Chess Club news

WITH matches being played in Divisions 2 and 4, Barry Chess Club has now reached the halfway point in the league season.

The Camelots travelled to Caerphilly to play the Castles. The Camelots started the season well, winning their first four matches, then drawing two. They lost their seventh match against the league leaders, Pontypridd Barbarians, but needed to return to winning ways against a team with lower rated players. Dave Turner was the only Barry winner on the night. Matthew Davies and Dave Parsons both took draws giving the Caerphilly team a 3-2 victory.

The Camelots drop to third place in the table. Fortunately, Barry has a four-point advantage over the Castles but the North Cardiff Panthers cannot be overlooked as they have a match in hand. If Barry doesn't get back to winning ways soon, their promotion hopes may evaporate.

In division 4, the Stauntons made the short trip

to Penarth to play the Piers. For the Stauntons, Sian Balchin took her first victory of the season. On board 4, Dave Mahoney also took victory. The best performance of the day however came from Erion Pici, earning a draw against a much higher ranked player. There was also a draw for Ieuan Thomas giving the Stauntons their second victory in succession by a score of 3-2. Barry remain in eighth place but are catching up to the teams above them.

The Barry Chess Club meets at 7.30pm most Mondays at the West End Club, St Nicholas Road, Barry, CF62 6QY. The club is open to players of all standards, whether interested in playing competitive chess or just the occasional friendly game.

New players are welcome to turn up on the night, but it is better to contact one of the club members through the website and arrange for someone to greet you on your arrival. For more details, visit barrychessclub.yolasite.com.

PJ

Brynhill Golf Club members cope with winter frost and bright sunshine

THE beautiful sunshine tempted the hakerati back onto the Brynhill Course for the 10th inter-competition of the season.

With shaded areas staying frozen, freakish bounces were the order of the day.

There were no problems for Dave Johnson though, as he carded an impressive 41 points, four better than

Scott Nelson, with Mike Reddi claiming third spot with 36.

Handicap reductions are temporary over the winter but Johnson's 41 (over 16 holes) has caused Slasher Giles to stir in his lair and a repeat by Dave is likely to result in a permanent reduction from the perpetually grumpy handicap secretary.

AS

Pencoed shaded in Second XV top-of-table match

PENCOED and Nantyffyllon second teams observed a minute's silence prior to kick off in memory of former Pencoed RFC club captain, Gareth Jones, a youth coach, Welsh Youth Cap and Cardiff RFC wing forward who played with distinction for the aforementioned teams.

This top of the Mid Glamorgan league match did not disappoint, both teams playing with intensity throughout.

Pencoed dominated the opening quarter, but despite several scoring chances, the Nantyffyllon try line remained intact.

As the half progressed the Llynfi Valley side came more and more into the game and got a foothold in the home 22 for the first time in the match. Sustained pressure saw centre Evan Price cross at the posts, Drew Price adding the extras.

'Nanty' were now pressing hard and good combined play saw the supporting Daniel Isherwood

go over and the visitors led 0-12, the home side perhaps a little unlucky to trail at the interval.

Pencoed started the second half strongly and got their reward, hooker Joe Daniel crossing in determined manner, Tom Cross converting.

There was very little between the sides as they battled for supremacy. However, the Pencoed task was made a little more difficult when picking up a second yellow card of the match.

Pencoed then introduced their replacements with Dewi Jury, despite his protestations over his good looks, taking up the unfamiliar position of prop forward! Fellow replacement Gareth Dyer was held up just short at the posts and despite the home side's best efforts, they had to settle for a losing bonus point.

Currently both clubs are joint league leaders on 26 points with identical playing records having played eight, won five and lost three. It all makes for a most interesting second half of the season.

TR

Bridgend Quiz League

THE results from the Bridgend Quiz League for January 20 are as follows:

Division 1: Oldcastle A 46, Crown Maesteg 36; TyRisha Royals 45, Mackworth Arms 43; Laleston Inn A 45, Chatterton Shunters 44; Tondur Railway Club 50, Penybont AFC Nomads 50.

Division 2: Cabo Roche 53, Tondur Railway Locos 31; Pheasant Gamekeepers 47, Oldcastle B 41; Prince of Wales Rebels 52, Laleston Inn B 47;

Six Bells Clangers 52, Pheasant Pluckers 52.

Test your general knowledge with these teasers from the Quiz League:

1. What are the young of alpacas and llamas called?
2. In which sport did Shirley Muldowney become the first female champion in 1977?
3. Who sang 'One Step Out Of Time' for the UK in the 1992 Eurovision Song Contest?

Answers: 1. Cria; 2. Drag racing; 3. Michael Ball

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16 66 JEEP RENEGADE 2.0 MultiJet Limited 5dr Automatic 4WD, sat nav, heated seats, black, full leather.....**£9495**

13 63 KIA CEED 1.4 CRD 1 Estate, air-con, Bluetooth, aux, usb, silver.....**£4495**

18 68 KIA NIRO 1.6 GDI Hybrid 4 5dr DCT Automatic, KIA Warranty until November 2025, pan roof, sat nav, reverse camera, 13k, grey, full leather.....**£21995**

16 66 KIA SPORTAGE 1.6 T-GDI GT-Line 5dr Automatic AWD, Kia warranty Nov 2023, sat nav, reverse camera, heated seats, choice, full leather.....**£14495**

17 67 KIA SPORTAGE 1.6 T GDI GT-Line 5dr 4WD, Kia warranty Nov 2024, sat nav, reverse camera, 12k, white, full leather.....**£16495**

16 66 KIA SPORTAGE 1.7 CRDi ISG 3 5dr (Facelift), Kia warranty Oct 2023, sat nav, reverse camera, 28k, choice, full leather.....**£13495**

16 16 KIA SPORTAGE 2.0 CRDi KX-3 5dr (Facelift), Kia warranty June 2023, sat nav, reverse camera, 41k, met blue, full leather.....**£13295**

16 16 KIA SPORTAGE 2.0 CRDi KX-3 5dr Automatic AWD (Facelift), Kia warranty May 2023, sat nav, reverse camera, white, full leather.....**£14295**

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16 66 MERCEDES A180 D AMG Line 5dr, xenons, cruise, 18"alloys, grey.....£12995

18 68 MERCEDES A180 D AMG Line 5dr Automatic, Mercedes warranty Oct 2021, sat nav, reverse camera, dab, 15k, choice, half-leather.....£19795

16 66 MERCEDES CLA200 D Sport 4dr, cruise, Bluetooth, aux, usb, 28k, red.....£15495

18 68 MERCEDES C200 AMG Line Premium 5dr Estate 9G-Tronic Automatic, Mercedes warranty Oct 2021, sat nav, reverse camera, dab, usb, 8k, choice, half-leather.....£22995

19 19 MERCEDES C300 D AMG Line Premium 2dr Coupe 9G-Tronic Automatic, Mercedes warranty April 2022, sat nav, reverse camera, 1k, choice with half-leather.....£28995

16 66 MERCEDES C300 AMG Line 2dr Convertible Automatic, sat nav, reverse camera, 18"alloys, 27k, blue, full leather.....£21495

17 67 MERCEDES E200 D SE 4dr 9G-Tronic Automatic, Mercedes warranty Oct 2020, sat nav, reverse camera, 17k, choice, full leather.....£19995

17 17 MERCEDES E220 D AMG Line 4dr 9G-Tronic Automatic, Mercedes warranty Aug 2020, widescreen sat nav, ambient lighting, heated seats, xenons, 20k, choice.....£19795

14 64 MERCEDES E250 CDI AMG Line Premium Plus 4dr 7G-Tronic Automatic, pan roof, sat nav, reverse camera, white.....£14995

18 18 MERCEDES E220 D AMG Line 2dr Convertible Automatic, Mercedes warranty April 2021, sat nav, 20"alloys, reverse camera, 9k, black.....£26995

17 67 MERCEDES E220 D AMG Line 5dr Estate 9G-Tronic Automatic, Mercedes warranty Oct 2020, sat nav, reverse camera, 19"alloys, 13k, choice, half-leather.....£20495

16 66 MERCEDES GLC220d 4Matic Sport Premium 5dr 9G-Tronic Automatic, pan roof, sat nav, reverse camera, grey, full leather.....£21495

18 18 MERCEDES GLC250d 4Matic AMG Line Premium 5dr 9G-Tronic Automatic, Mercedes April 2021, pan roof, sat nav, 20"alloys, 14k, white, full leather.....£28495

18 18 MERCEDES GLS350 D 4Matic AMG Line 5dr 9G-Tronic Automatic 7-Seater, Mercedes warranty Aug 2021, night pack, Harman kardon, sat nav, pan roof, 13k, white, full leather....£43995

16 16 MINI CLUBMAN 1.5 6dr Estate, sat nav, chilli + tic pack, 33k, black, half-leather.....£10495

18 18 MINI COOPER 2.0 S II 5dr, Mini warranty Oct 2021, sat nav, apple car play, privacy glass, 15k, black.....£13295

16 66 MINI COOPER 1.5 D 5dr, black alloys, air-con, Bluetooth, aux, usb, 25k, white.....£8795

16 65 MINI COUNTRYMAN 1.6 Cooper D Business Edition 5dr, elec glass roof, sat nav, 17"black alloys, 33k, white.....£11495

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16 66 MINI PACEMAN 1.6 ALL4 3dr Automatic, media pack – sat nav, pepper pack, tic pack, 7k, silver, half-leather.....£11995

11 11 NISSAN JUKE 1.6 Acenta 5dr [Premium Pack] sat nav, reverse camera, grey.....£4995

14 14 NISSAN JUKE 1.5 DCI Visia 5dr, air-con, alloys, grey...£6295

17 17 NISSAN JUKE 1.5 DCI Tekna 5dr, Nissan warranty April 2020, sat nav, reverse camera, 34k, silver, full leather.....£9795

16 16 NISSAN NAVARA 2.3 DCI 190 Acenta Double Cab Pickup Automatic 4WD, privacy glass, 33k, grey.....£12995+VAT

14 64 NISSAN QASHQAI 1.5 dCi Acenta 5dr, cruise, aux, usb, 17" alloys, blue.....£7495

17 67 NISSAN QASHQAI 1.5 DCI Acenta 5dr, Nissan warranty Oct 2020, cruise, Bluetooth, aux, usb, 14k, blue.....£12495

16 66 NISSAN QASHQAI 1.6 dCi Tekna 5dr, sat nav, rev cam, 24k, black, full leather.....£12495

16 66 NISSAN QASHQAI 1.6 DCI 130 N-Connecta 5dr CVT Automatic, sat nav, reverse camera, blue.....£11495

17 67 NISSAN X-TRAIL 1.6 DCI Acenta 5dr Xtronic Automatic (7-Seater), Nissan warranty Oct 2020, pan roof, cruise, 9k, blue.....£14995

16 66 PEUGEOT 208 1.6 BlueHDI Active 5dr, air-con, Bluetooth, dab, grey.....£6495

18 18 PEUGEOT 208 1.2 PureTech 110 GT Line 5dr EAT6, Peugeot warranty April 2021, apple car play, sat nav, pan roof, 8k, grey.....£13995

18 68 PORSCHE MACAN 2.0 T 4WD 5dr PDK auto (New Model) pan roof, 21"turbo alloys, BOSE, comfort memory pack, heated seats, LED lights, huge spec, in black with full leather.....£47995

18 18 RENAULT CLIO 0.9 TCE 90 Urban Nav 5dr, Renault warranty March 2022, sat nav, Bluetooth, pdc, 3k, blue.....£9495

17 66 RENAULT CAPTUR 0.9 TCE 90 Dynamique S 5dr, Renault warranty Feb 2021, sat nav, pdc, privacy glass, 19k, black...£9495

17 67 RENAULT KADJAR 1.2 TCE Dynamique Nav 5dr, Renault warranty Nov 2021, sat nav, cruise, Bluetooth, dab, 15k, white.....£11795

16 66 RENAULT KADJAR 1.5 DCI Dynamique Nav 5dr, cruise, Bluetooth, dab, 14k, gold.....£10495

15 65 RENAULT MEGANE 1.5 DCI GT Line Nav 5dr, sat nav, 18"alloys, Bluetooth, 42k, red, half-leather.....£7995

17 67 SEAT ALHAMBRA 2.0 TDI CR Xcellence [150] 5dr DSG (7-Seater) Seat warranty Jan 2021, pan roof, sat nav, 16k, grey, full leather.....£21495

17 67 SEAT LEON 1.6 TDI SE Dynamic Technology 5dr DSG Automatic, Seat warranty until December 2020, sat nav, cruise, 8k, grey.....£11495

17 17 TOYOTA CH-R 1.8 Hybrid Dynamic S 5dr CVT, sat nav, reverse camera, blue.....£18995

17 67 VAUXHALL ADAM 1.4i [100] Slam 3dr, tech pack, 17"alloys, Bluetooth, 13k, red.....£7995

16 66 VAUXHALL ASTRA 1.6 CDTI SRI 5dr, Vauxhall warranty Oct 2019, cruise, Bluetooth, dab, 19k, grey.....£8795

17 66 VW GOLF 2.0 TSI Blue Motion Tech GTI 5dr Automatic (220bhp), VW warranty March 2020, sat nav, cruise, heated seats, 10k, red.....£17995

16 66 VW SCIROCCO 2.0 TDI BlueMotion Tech GT 3dr DSG Automatic, sat nav, 18"black alloys, dab, grey, half-leather.....£13995

17 67 VW TIGUAN 2.0 TDI SE 5dr DSG Automatic, VW warranty Dec 2020, sat nav, cruise, dab, 17k, grey.....£18995

18 68 VOLVO V60 2.0 D4 (190) Momentum Estate Automatic, Volvo warranty Dec 2021, sat nav, heated seats, 10k, black.....£21495

14 64 VOLVO XC60 2.0 D4 R-Design 5dr Geartronic, cruise, Bluetooth, dab, 45k, black, half-leather.....£14495



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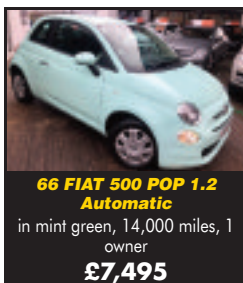
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- 16 FIAT 500 LOUNGE 1.2 in white, 9,000 miles, glass roof, sat nav**£7,495**
- 15 RENAULT CAPTUR M NAV 1.5 Diesel in cream, 51,000 miles, sat nav, FSH**£7,495**
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RAC

Charity competition offers cash prize for all you Six Nations rugby experts



FOR the sixth year, Cowbridge Rotary Club is running its popular competition based on your skill at predicting the results of the 2020 Guinness Six Nations rugby matches in February and March.

The Rotary club is very grateful to The Glamorgan GEM for supporting this charity project by publicising the competition, printing the entry form and providing a collection point for entries.

The entry form is also a handy list of dates and times for all the matches.

Entry is only £1 with a £100 prize for the best overall prediction of the results of all 15 matches (home win, away win or draw).

The surplus will be allocated to the charity account of Cowbridge Rotary Club.

Anyone can enter wherever they live, and as many times as they wish.

Additional forms can be obtained by: Collection from The GEM Offices, Eastgate, Cowbridge or reception at the Bear Hotel.

To request an entry form, email cowbridge.rotary@yahoo.co.uk

Entry forms together with £1 entry fee should

be delivered either to the Bear Hotel reception or Cowbridge GEM offices, Eastgate and must arrive by kick-off on February 1.

Cowbridge Rotary Club delivers a number of services to the local community, including: Support to Dementia Friendly Cowbridge; assistance with transport; school reading; Stroke Awareness Day; youth competitions; monthly entertainment at Longmeadow Court, Cowbridge.

The club's charity funds are used in many ways, including donations to major national charities including Worldwide Polio eradication; survival boxes to international disasters; water supply to four schools in Uganda and Cowbridge's own Gateway Monday Club

This year's president's charities are:

- Hafal – A Welsh mental health charity supporting those affected by serious mental illness in Wales.

- Amelia Trust Farm: An educative countryside sanctuary for all to enjoy and which supports disadvantaged and vulnerable people.

If you would like to know more about the work of Cowbridge Rotary Club or are interested in joining, please contact the membership chairman, Steve Pearce on 01446 772178.

A good start to the season in the new division for Bridgend Ath Youth

THE newly promoted Ath Youth started the second half of their season, now in Ospreys Div B, with a hard earned 10-8 win against a very strong Kenfig Hill Youth team at Newbridge Fields.

The game started at a cracking pace with both teams trying to run the ball at each other at every opportunity. Kenfig Hill were first to score when their wing broke through just inside the Ath 10-metre line, powering his way forward and drawing fullback Callum Reed before offloading to a team mate to score in the corner, the conversion missed.

This spurred the Ath on who looked to attack at every opportunity. However, the streetwise Kenfig Hill forwards constantly managed to slow the ball down at rucks, preventing the Ath from playing their natural game. Scrum half Josh Tidy was getting extremely frustrated as their pack were being allowed to drag him into rucks, which meant the Ath backs were living off scraps of possession.

However, every time the Ath had possession they looked ruck, allowing them to clear their extremely dangerous. From a ruck 30 metres out, quick hands

by outside half Joe Watts saw him feed Callum Reed who, in turn fed winger Rhys Hyde. Hyde still had plenty to do but used his pace and strength to crash over for a well-deserved try in the corner. The conversion was narrowly missed by Watts.

The Ath continued to pile on the pressure with their driving lineout causing Kenfig Hill no end of problems. The Ath were frustratingly, twice dragged down just short of the line, preventing certain tries.

Back came Kenfig Hill, aided by a massive penalty count against the Ath, who were mystified by some decisions. One such penalty awarded in front of the posts saw the Kenfig Hill full back slot home a penalty for a half time lead to Kenfig Hill of 8-5.

The second half saw the Ath make numerous changes, but they continued with the same momentum and looked to attack from everywhere. A quick pass from centre Tom Reed to fellow centre Danny Osarigie saw him burst through, only to be tackled just short of the line, and somehow Kenfig Hill managed to prevent the Ath winning the resulting ruck, allowing them to clear their lines. However, a short while later, the Ath were awarded their

second penalty of the game in front of the posts. They declined the kick at goal and instead kicked to the corner. A great take from Harrison Morgan saw the Ath again set up a driving maul.

This time there was no stopping it and man of the match Ben Owen powered his way over the line. Joe Watts then narrowly missed the conversion, due to his standing foot slipping just as he struck the ball.

Kenfig Hill, again came back at the Ath, piling on the pressure and again aided by a growing penalty count. However, the Ath defence, with flankers Ryan Neagle and Sion Vigus quite outstanding; and all the forwards and backs tackling their hearts out, saw Kenfig Hill remain scoreless in the second half. Scrum half Thom Lewis kicking the ball off the field in injury time to signal the final whistle.

This was a very well deserved, hard-earned win against a very strong Kenfig Hill outfit, and the coaches are extremely proud of the commitment and ability shown by all 22 players who took the field. They can now look forward to the rest of the season in League 2 with a huge amount of confidence for such a young Youth team.

AB

Flint strikes again – On and Off the Turf with Brian Lee

BRIDGEND trainer John Flint landed the second division of the handicap hurdle at Newbury on Wednesday (January 15) with his nine-year-old Eddie Maurice, which beat Kim Bailey's Mon Patois by a head in a photo-finish.

Eddie Maurice, partnered by Bridgend's Jack Tudor, went off the 3-1 favourite. Kenny George, ridden by Adam Wedge and trained by Christian Williams at Ogmore-by-Sea, finished in third place.

Another Welsh rider to land a winner at the meeting was Ben Jones, who won on *Le Ligerien* for Philip Hobbs.

Versatile Charlie Price, who rides out for Aberthin's Tim Vaughan, won the opener at Doncaster last week on Sam Allwood's 10-1 chance *JobsOnFire*. Charlie has ridden winners on the flat and over the sticks and is a leading Arabian horse racing jockey.

Llanrcarfan's Evan Williams saw his *Coconut Splash* run out a comfortable winner of the maiden hurdle at Wetherby and stable jockey Adam Wedge

made it a double when scoring an easy win in the handicap chase on the Kerry Lee trained *Ice Cool Chaps*.

Christian's Taunton winner

OGMORE-BY-SEA'S Christian Williams landed the Seniors Handicap Hurdle at Taunton on January 18, with his eight-year-old Limited Reserve.

Ridden by Nick Scholfield, the 10-1 chance scored by three lengths from *My PlaceAtMidnight*.

At Chepstow 24 hours earlier, Llanrcarfan's Evan Williams, the leading trainer at the course, saw his *Fado Des Broses*, under stable jockey Adam Wedge, beat the odds-on *Getaway Fred* by a neck.

He said: "Adam has given him a lovely ride. We thought we had a chance as you have to have a

graded horse to give 6lb away in these races. "He's a nice horse and found the ground he enjoys."

Vale of Glamorgan Football League round-up

ON a day with only a handful of games played, was there a turning point in the campaign at the top of the premier division?

Island Marine brought Holton Road's unbeaten streak to a screeching halt with a thumping 5-0 victory at Maslin Park. Marine moved up to third place and sit two points behind Holton with a game in hand. Holton Road, down to 10 men (a man sent off early) still sit one point behind Rhosce. This title race is becoming the most thrilling in years with four teams in contention for the title: plenty of twists and turns to come in the most competitive

premier division for a few years.

Penarth Town triumphed over Tynwydd 4-0 at the Butts, moving up to seventh place. In Division One, Barry Athletic B stunned Cadroxton Barry with a 3-2 win – that's three games without a win for Caddy, whose title aspirations seem to be disappearing. Athletic B go to fifth while Cwm Talwg played out a 2-2 draw with SP Billy; both sides remain unbeaten in 2020. Perkins and Galsworthy netted for Talwg with Ingham and Tyler responding for SP. Just four games played in the league as the weather won out, but with a dry forecast, look for a full league program next week.

HD

Cowbridge Rotary with the support of:- **The Glamorgan GEM**



2020 Six Nations Competition
£100 First Prize

Only £1 per sheet. Proceeds to Rotary Club Charity Account

Please circle the team you predict will win or circle "Draw" for a tie.

Points awarded: **Correct winning team 1 Point** **Draw 3 Points**

The winner will be the entry with the highest number of points.

In the event of a tie, the closest to the total number of tries scored will decide the winner.

Date KO GMT HomeAway

1st February	2.15 pm	Wales	v	Italy	Draw
1st February	4.45 pm	Ireland	v	Scotland	Draw
2nd February	3.00 pm	France	v	England	Draw
8th February	2.15 pm	Ireland	v	Wales	Draw
8th February	4.45 pm	Scotland	v	England	Draw
9th February	3.00 pm	France	v	Italy	Draw
22nd February	2.15 pm	Italy	v	Scotland	Draw
22nd February	4.45 pm	Wales	v	France	Draw
23rd February	3.00 pm	England	v	Ireland	Draw
7th March	2.15 pm	Ireland	v	Italy	Draw
7th March	4.45 pm	England	v	Wales	Draw
8th March	3.00 pm	Scotland	v	France	Draw
14th March	2.15 pm	Wales	v	Scotland	Draw
14th March	4.45 pm	Italy	v	England	Draw
14th March	8.00 pm	France	v	Ireland	Draw

Tie Breaker:- Prediction of the **total** number of **TRIES** scored in the tournament =

Name: **IMPORTANT – Please make your prediction**

Tel. No. Email: (optional)

Submit completed forms with entry money in an envelope **before 1st February** to:- Boxes at the Bear Hotel or Gem Offices, Cowbridge. Or hand to any Cowbridge Rotarian.

Or to:- Andrew Lane, 11, Llanquian Close, Cowbridge CF71 7HQ

For additional forms, email: cowbridge.rotary@yahoo.co.uk

DON'T FORGET TO KEEP A COPY OF YOUR ENTRY



Athletic are on the rack at Nantyffyllon but grab a win



LEFT: Athletic captain Ben Howe draws tacklers before a back of hand pass puts Sam Richards over for the try against Nantyffyllon.

BRIDGEND Athletic became only the second side this season to breach Nantyffyllon's Maesteg Park Fortress with a very hard fought 14-13 win in a battle in the mud against a passionate and determined side.

Back in November, the Athletic backs had run riot at Newbridge Fields registering seven tries, but on a narrow pitch against more organised opponents they had to settle for a single try from wing Sam Richards to decide a game where the result was in doubt right up to the final whistle.

The Athletic started in confident mood, trying to play 15-man rugby despite the conditions, with hooker Lee Murphy and flanker Sean Williams making inroads into the Nanty territory.

Nanty broke out with a strong run from flanker Tyler Dawe and a kick ahead requiring full back Geraint Roberts to halt the move near the Athletic try line. A strong Nantyffyllon driving maul into the Athletic 22 drew a penalty, converted by outside half Rhodri Davies for the opening score in the 25th minute.

A strong run by Ben Davies, with good support from Ben Cording and then Lee Murphy drew an Athletic penalty inside the Nantyffyllon 22. Another Sean Williams break also led to another Athletic penalty inside the Nantyffyllon 22. Similarly, a third Athletic attack drew a penalty.

On all three occasions the Athletic kicked to the corner to set up driving line out mauls, but on each occasion the referee adjudged the Athletic throw in not straight – to the frustration of the Athletic team and supporters.

With time running out in the half a good move started by full back Geraint Roberts and carried on by Ben Howe, with most of the Athletic involved, led to the Athletic winning a fourth penalty inside the Nantyffyllon 22. This time the Athletic erred on the side of caution and Jacob Lloyd levelled the half time score by converting the opportunity.

The second half saw an early yellow card for Athletic lock Ben Cording and Nantyffyllon centre Cameron Jones. When Nantyffyllon kicked a penalty to touch five metres from the Athletic line, the Athletic were forced to sacrifice wing Robin Davies to bring on lock Jonathon Stoker to even out numbers in the pack. However, they were unable to halt Nantyffyllon's driving maul, leading to a try in the corner for lock Gethin John, well converted by Rhodri Davies.

The Athletic hit back immediately. Outside half Jacob Lloyd kicked a good penalty to the corner. The Athletic drove the line out but Nantyffyllon held them out.

A series of thrusts from props Wayne Fooks and Matthew Muir were halted but scrum half Aled Thomas fed Athletic captain Ben Howe on the blindside. Howe drew two tacklers before sending out a back of the hand pass to put wing Sam Richards flying over for his fifth try of the season to challenge leading try scorer Lee Murphy's six.

When the yellow card period ended, the Athletic brought on wing Tom Davies and left Jonathon Stoker on, with lock Will Petchell after a good display making way. Athletic centre Dan O'Sullivan was keeping the Athletic on the front foot with fellow centre Stuart Ellis making a strong

break into the Nantyffyllon 22 and drawing a penalty which Lloyd converted to give the Athletic a slender 11-10 lead. Iestyn Merriman then came on the flank for the Athletic and Dan James came on at scrum half.

Nantyffyllon's pack were exerting a lot of pressure and drew a penalty when the Athletic were caught offside. Davies restored the Nanty lead to 13-11 with his second penalty.

With five minutes remaining, Floyd-Ellis was illegally halted 35 metres out and Lloyd coolly stepped up with his third penalty to give the Athletic a 14-13 advantage.

There followed an incessant four minutes of intense Nanty ball retention and pressure. Initially the Athletic defended well around 40 metres out until Dawe broke clear and was halted just short of the Athletic line.

Another two minutes of heroic Athletic defence eventually saw Nanty knock on and it was relief for the Athletic team and supporters as their Division One West Central title challenge remained on track.

The Athletic coaches nominated youth centre Dan O'Sullivan as man of match with Jacob Lloyd and Geraint Roberts also sound in the backs, while Ben Howe, Sean Williams and Lee Murphy stood out in an attritional forward battle.

Team Manager Paul Hearne said "Having not played at Nantyffyllon in many years today was no different to the past when Nanty was always a difficult place to get a result."

AB

Celtic take the points at Morriston RFC



Liam Healey makes a break for Maesteg Celtic.

MAESTEG Celtic travelled to Morriston with a number of changes due to injury and late withdrawals, but still came away with a 22-14 win.

Celtic's usual experienced front row was replaced with Ryan Shearan returning from a long injury, hooker Morgan Reeves and 19-year-old Tom Rees, playing his first game for the senior team.

The smaller Celtic pack had difficulty in the scrums and the break downs. Morriston controlled possession and territory for most of the first half but Celtic's defence was amazing.

The home team ran at the visitors constantly but the three quarter line of centres Lee Arthur, Kristian Jenkins and back three Aaron Williams, Morgan Lloyd and Sam Mines left no gaps for them to run through.

Morriston took the lead when a poor kick into their half allowed them to counter attack at pace across field and their speedy wing crossed in the corner for a converted try.

On one of the rare occasions that Celtic took play into home territory, man of the match No 8 Ryan Turner broke through the defence and made ground. The ball came to scrum half Liam Healey who found full back Morgan Lloyd arriving at pace on the blind side.

Lloyd drew the defence before putting wing Sam Mines clear to score. Outside half Tom

George converted from wide out. Later George kicked a penalty to the home 22 and the forwards repeatedly drove at the defence. The referee awarded a penalty in front of the posts which George converted.

Celtic began the second half well. Scrum half Liam Healy sprinted through, drew the cover defence, and then put wing Sam Mines clear to run in his second try.

Celtic were then disrupted by injury. Healy was forced to retire and was replaced by centre Lee Arthur who suffered a clash of heads and had to go to hospital with a bad cut. Full back Morgan Lloyd took over as third scrum half.

Morriston closed the gap in the scores with another long-range counter attack which resulted in a converted try. They continued to go for the win but had no answer to the well organised defence. Kieran Power, Rhys Bevan Jones, Bledwyn Griffiths, Jonathan Davies and Ryan Turner drove them back ferociously. The visitors sealed the game with a textbook Celtic try. Tom George kicked a penalty into the home 22. Hooker Morgan Reeves found jumper Kieran Power in the lineout and the pack drove the ball over the try line for top scorer, flanker, Jonathan Davies to score yet again. Resolven home next week. **KS**

Latest news from the local Bridge Clubs

THE latest results for Bridgend Bridge Club are as follows:

On January 15: First, Tony Ratcliff and Kevin Maddox; second, Tony Disley and Steve Burgoyne; third, Rob Forman and Alan Heath. The winners on handicap were Tony Ratcliff and Kevin Maddox.

On January 16: First, Geoff and Christine Tinkler; second Marjorie Halley and Sheila Gass; third, Eileen Mahoney and Jeff Barnett. The winners on handicap were Geoff and Christine Tinkler.

On January 17, playing north-south: First, Tony Haworth and John Beard; second Simon and Debbie Richards; third, Maggie and Richard Ashpole. Playing east-west: First, Vida Halford and Glyn Williams; second Tony Disley and Dave Lea; third, Leila O'Hagan and Stuart Davies. Regular club nights take place

at 7pm on Wednesday and Friday evenings at Noltan Church Hall. On Thursday afternoons at 1.45pm, there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner, visitors and new members are always welcome.

GJ

Vale of Glamorgan Bridge Club

RESULTS for January 13 were as follows:

First, Kevin Maddox and Mike Best 62.76 per cent; second, Barrie Waite and Graham Norris 59.11; third, Tony Disley and Phil Felman 58.59.

January 20: First, Kevin Maddox and Mike Best 73.98; second, Simon and Debbie Richards 69.57; third, Dave and Debbie Lea 65.12.

LE

Pencoed fight for crucial away win at Resolven

PENCOED travelled to Resolven knowing that a win was a must and boy, did they deliver, winning by 34-22.

However, things did not start well for them. With barely three minutes on the clock, the home fullback ghosted through the Pencoed defence for a try. The conversion was successful.

Pencoed hit back six minutes later when Morgan Jones jinked his way over. Pencoed took the lead on 14 minutes through a Rhys Clarke penalty and continued to take play to the home side, putting them under a lot of pressure and this resulted in the referee awarding a penalty try for a dangerous tackle.

Resolven scored next, on 28 minutes, an unconverted try. With half time approaching, Shane Izatt forced his way over in typical fashion. Rhys Clarke added the extras to leave a half time score of 22-12 to Pencoed.

They scored first in the second half when Rhys Bargery forced

his way over for an unconverted try on 53 minutes. Resolven, to their credit, dragged themselves back into the match with unconverted tries on 58 and 65 minutes.

The home side then tried to get the next all-important score. They were awarded a scrummage in their own 22. Scrum half Brendan Mullen caught his opposite number in possession, stripped the ball, made some ground before feeding the supporting Ethan Lewis who crossed wide out.

The failed conversion was the last act of the game, leaving a final score of 22-34. There was no individual man of the match as it was decided, quite rightly, to award it to the whole squad.

The seconders suffered a narrow home defeat to Nantyffyllon 7-12. Joe Daniel scored a try for Pencoed with Tom Cross kicking the conversion.

SHD